

**eTable 10. Multivariable model adjusted with the extended set of confounders 1.**

Independent variables	OR <sub>renal2vs1</sub>	OR <sub>renal3vs1</sub>	OR <sub>death2vs1</sub>	OR <sub>death3vs1</sub>	Median of tertile			P
					1	2	3	
<b>Alcohol (drinks/week)</b>		<b>0.747 (0.641-0.870)</b>		<b>0.696 (0.536-0.903)</b>		0	5	<b>0.0009</b>
<b>Animal proteins (g/kg/d)</b>	<b>0.953 (0.915-0.994)</b>	<b>0.878 (0.784-0.984)</b>	1.002 (0.936-1.073)	1.006 (0.835-1.21)	0.27	0.47	0.81	0.0924
Plant proteins (g/kg/d)	0.973 (0.934-1.013)	0.926 (0.827-1.037)	0.976 (0.909-1.047)	0.935 (0.769-1.136)	0.04	0.1	0.2	0.3839
<b>High-carbohydrates foods</b>	<b>1.032 (1.007-1.058)</b>	<b>1.157 (1.012-1.323)</b>	1.032 (0.992-1.074)	1.195 (0.958-1.491)	2	9	21.46	<b>0.0470</b>
Deep fried food/snacks/fast food	1.040 (0.925-1.168)		1.075 (0.884-1.308)		no	yes (46.90%)		0.6799
<b>Fruits &amp; fruit juices</b>	<b>0.948 (0.907-0.992)</b>	<b>0.907 (0.835-0.985)</b>	<b>0.899 (0.837-0.965)</b>	<b>0.821 (0.719-0.936)</b>	4	9	17.82	<b>0.0100</b>
Vegetables	0.977 (0.931-1.024)	0.939 (0.827-1.066)	<b>0.899 (0.828-0.977)</b>	<b>0.754 (0.605-0.939)</b>	5	11	21	<b>0.0206</b>
24-hour urinary sodium (g)	0.954 (0.887-1.025)	0.947 (0.841-1.066)	0.897 (0.800-1.006)	0.936 (0.773-1.133)	3.46	4.89	6.4	0.0541
<b>24-hour urinary potassium (g)</b>	<b>0.899 (0.851-0.949)</b>	<b>0.780 (0.687-0.886)</b>	0.942 (0.857-1.035)	0.869 (0.697-1.083)	1.7	2.13	2.71	0.0026

Alcohol is given in drinks/week; animal and plant proteins in gram per kg and day (g/kg/d); and 24-hour urinary potassium and sodium in gram. All other continuous independent variables are given in servings per week. Deep fried food/snacks/fast food is analyzed as a binary variable, because of heavy clustering of zeros and a small range. OR<sub>renal</sub> compares participants alive and with incidence or progression of CKD to participants alive but with no incidence or progression of CKD; OR<sub>death</sub> compares participants, who died within the follow-up period, to participants alive with no incidence or progression of CKD. For continuous independent variables the ORs for the median of the 2<sup>nd</sup> and 3<sup>rd</sup> tertile (50.0<sup>th</sup> and 83.3<sup>rd</sup> percentiles) compared to the median of the 1<sup>st</sup> tertile (16.7<sup>th</sup> percentile) as reference are shown. For deep fried food/snacks/fast food ‘no’ is the reference category. Independent variables highlighted with **bold** letters have a significant association for incidence or progression of CKD. A p-value of inclusion of the respective variable into the model is given. For confounders see eTable 9.