## eTable 12. Multivariable model adjusted with the extended set 2 of confounders.

Independent variables	<b>OR</b> <sub>renal</sub> 2vs1	<b>OR</b> <sub>renal</sub> 3vs1	OR <sub>death</sub> 2vs1	<b>OR</b> <sub>death</sub> 3vs1	Median of tertile			
					1	2	3	р
Alcohol (drinks/week)		0.755 (0.648-0.880)		0.672 (0.517-0.874)		0	5	0.0011
Animal proteins (g/kg/d)	0.959 (0.920-0.999)	0.891 (0.796-0.998)	1.005 (0.939-1.077)	1.015 (0.841-1.225)	0.27	0.47	0.81	0.1165
Plant proteins (g/kg/d)	0.972 (0.933-1.012)	0.923 (0.824-1.034)	0.982 (0.915-1.053)	0.95 (0.781-1.155)	0.14	0.2	0.3	0.3747
High-carbohydrate foods	1.030 (1.005-1.056)	1.145 (1.001-1.309)	1.029 (0.989-1.071)	1.17 (0.938-1.461)	2	9	21.46	0.0652
Deep fried food/snacks/fast food	1.049 (0.933-1.179)		1.062 (0.872-1.295)		no	yes (46.96%)		0.6670
Fruits & fruit juices	0.949 (0.908-0.993)	0.91 (0.839-0.987)	0.905 (0.843-0.972)	0.834 (0.733-0.949)	4	9	17.32	0.0160
Vegetables	0.984 (0.937-1.032)	0.957 (0.841-1.088)	0.909 (0.836-0.989)	0.776 (0.621-0.971)	5	11	21	0.0429
24-hour urinary sodium (g)	0.957 (0.890-1.029)	0.953 (0.847-1.074)	0.904 (0.805-1.015)	0.956 (0.788-1.159)	3.46	4.89	6.41	0.0484
24-hour urinary potassium (g)	0.902 (0.854-0.952)	0.785 (0.691-0.892)	0.941 (0.856-1.035)	0.868 (0.696-1.083)	1.7	2.13	2.71	0.0039

Alcohol is given in drinks/week; animal and plant proteins in gram per kg and day (g/kg/d); and 24-hour urinary potassium and sodium in gram. All other continuous independent variables are given in servings per week. Deep fried food/snacks/fast food is analyzed as a binary variable, because of heavy clustering of zeros and a small range.  $OR_{renal}$  compares participants alive and with incidence or progression of CKD to participants alive but with no incidence or progression of CKD;  $OR_{death}$  compares participants, who died within the follow-up period, to participants alive with no incidence or progression of CKD. For continuous independent variables the ORs for the median of the 2<sup>nd</sup> and 3<sup>rd</sup> tertile (50.0<sup>th</sup> and 83.3<sup>rd</sup> percentiles) compared to the median of the 1<sup>st</sup> tertile (16.7<sup>th</sup> percentile) as reference are shown. For deep fried food/snacks/fast food 'no' is the reference category. Independent variables highlighted with **bold** letters have a significant association for incidence or progression of CKD. A p-value of inclusion of the respective variable into the model is given. For confounders see eTable 7. For confounders see eTable 11.