

4.2. UACR Outcome

Single and Multivariable Models Adjusted with Known Confounders.

eTable 14. Single variable model with mAHEI and multivariable model adjusted with known confounders.

Continuous independent variables	OR _{renal2vs1}	OR _{renal3vs1}	OR _{death2vs1}	OR _{death3vs1}	Median of tertile			p
					1	2	3	
mAHEI score	0.959 (0.927-0.991)	0.867 (0.775-0.971)	0.858 (0.812-0.906)	0.597 (0.496-0.718)	17.92	24.65	33.26	<0.001

Independent variables	OR _{renal2vs1}	OR _{renal3vs1}	OR _{death2vs1}	OR _{death3vs1}	Median of tertile			p
					1	2	3	
Alcohol (drinks/week)		0.777 (0.640-0.944)		0.729 (0.565-0.941)		0	5	0.0117
Animal proteins (g/kg/d)	0.968 (0.921-1.017)	0.915 (0.799-1.048)	1.015 (0.952-1.082)	1.042 (0.875-1.239)	0.27	0.47	0.81	0.3423
Plant proteins (g/kg/d)	1.004 (0.956-1.054)	1.011 (0.883-1.157)	0.984 (0.921-1.052)	0.957 (0.796-1.151)	0.14	0.2	0.3	0.8821
High-carbohydrate foods	1.022 (0.992-1.054)	1.117 (0.947-1.319)	1.022 (0.983-1.063)	1.139 (0.919-1.411)	2	9	21.34	0.1364
Deep fried food/snacks/fast food	0.898 (0.776-1.040)		1.031 (0.852-1.248)		no	yes (46.93%)		0.2433
Fruits & fruit juices	0.945 (0.896-0.998)	0.900 (0.814-0.996)	0.908 (0.848-0.973)	0.836 (0.736-0.95)	4	9	18	0.0042
Vegetables	0.975 (0.918-1.035)	0.935 (0.797-1.097)	0.903 (0.834-0.979)	0.762 (0.615-0.945)	5	11	21	0.0499
24-hour urinary sodium (g)	0.973 (0.890-1.063)	0.969 (0.837-1.121)	0.906 (0.811-1.012)	0.94 (0.781-1.131)	3.47	4.89	6.41	0.1198
24-hour urinary potassium (g)	0.934 (0.872-1.00)	0.852 (0.726-0.999)	0.971 (0.887-1.064)	0.934 (0.755-1.155)	1.7	2.13	2.71	0.1607