

Single and Multivariable Models Adjusted with the Extended Set 2 of Confounders

eTable 16. Single variable model with mAHEI and multivariable model adjusted with the extended set of confounders 2.

Continuous independent variables	OR _{renal2vs1}	OR _{renal3vs1}	OR _{death2vs1}	OR _{death3vs1}	Median of tertile			p
					1	2	3	
mAHEI score	0.966 (0.934-1.000)	0.892 (0.795-1.001)	0.858 (0.811-0.908)	0.598 (0.495-0.723)	17.91	24.65	33.23	<0.0001

Independent variables	OR _{renal2vs1}	OR _{renal3vs1}	OR _{death2vs1}	OR _{death3vs1}	Median of tertile			p
					1	2	3	
Alcohol (drinks/week)		0.773 (0.634-0.943)		0.709 (0.547-0.918)		0	5	0.0122
Animal proteins (g/kg/d)	0.974 (0.925-1.026)	0.931 (0.807-1.074)	1.016 (0.95-1.087)	1.045 (0.868-1.257)	0.27	0.47	0.81	0.1206
Plant proteins (g/kg/d)	1.011 (0.961-1.064)	1.031 (0.894-1.188)	0.994 (0.928-1.066)	0.984 (0.811-1.195)	0.14	0.2	0.3	0.9243
High-carbohydrate foods	1.021 (0.990-1.053)	1.106 (0.934-1.31)	1.023 (0.983-1.064)	1.14 (0.916-1.419)	2	9	21.46	0.1279
Deep fried food/snacks/fast food	0.902 (0.777-1.047)		1.022 (0.841-1.241)		0	1		0.2948
Fruits & fruit juices	0.946 (0.895-0.999)	0.904 (0.818-0.999)	0.913 (0.851-0.979)	0.848 (0.747-0.963)	4	9	17.32	0.0083
Vegetables	0.990 (0.932-1.053)	0.974 (0.828-1.147)	0.914 (0.841-0.992)	0.786 (0.63-0.98)	5	11	21	0.1170
24-hour urinary sodium (g)	0.980 (0.896-1.073)	0.986 (0.851-1.144)	0.917 (0.818-1.027)	0.973 (0.805-1.176)	3.46	4.89	6.41	0.0998
24-hour urinary potassium (g)	0.938 (0.875-1.006)	0.862 (0.732-1.015)	0.967 (0.881-1.062)	0.924 (0.743-1.15)	1.7	2.13	2.71	0.2255