

increase in UACR, 994 (16.00%) participants would have been defined as alive with incidence or progression of CKD.

### 3. Clinical and Nutrition Characteristics

**eTable 4. Clinical and nutrition characteristics of participants with type 2 diabetes mellitus, separated by the three outcome states at 5.5 years of follow-up-.** The number of participants with available data; median, first and third quartiles (IQR) or frequencies and percentages are given.

Characteristics at baseline	Participants alive with				Participants who died, n=516		P-value
	no renal event, n=3726		with a renal event, n=1971		n <sub>a</sub> <sup>1</sup>	Median (IQR) or n (%)	
	n <sub>a</sub> <sup>1</sup>	Median (IQR) or n (%)	n <sub>a</sub> <sup>1</sup>	Median (IQR) or n (%)	n <sub>a</sub> <sup>1</sup>	Median (IQR) or n (%)	
<b>ETHNIC GROUP</b>	3726		1971		516		0.8633
European		2546 (68.33)		1316 (66.77)		357 (69.19)	
Arab, Persian		43 (1.15)		29 (1.47)		7 (1.36)	
Asian		655 (17.58)		354 (17.96)		87 (16.86)	
African		103 (2.76)		66 (3.35)		12 (2.33)	
Native Latin		340 (9.13)		182 (9.23)		45 (8.72)	
Other		39 (1.05)		24 (1.22)		8 (1.55)	
<b>DIETARY CHARACTERISTICS</b>							
<i>Food consumed (yes/no)</i>							
Alcohol	3725	1303 (34.98)	1970	575 (29.19)	516	147 (28.49)	<0.0001
Animal proteins	3718	3718 (100)	1963	1963 (100)	514	514 (100)	-
Salty foods	3717	2814 (75.71)	1964	1454 (74.03)	514	379 (73.74)	0.3000
Sweet foods	3714	2784 (74.96)	1962	1470 (74.92)	514	385 (74.90)	0.9993
High-carbohydrate foods	3714	3486 (93.86)	1961	1852 (94.44)	514	491 (95.53)	0.2681
High-fat content foods	3714	3714 (100)	1962	1962 (100)	514	514 (100)	-
Fruits & fruit juices	3716	3637 (97.87)	1963	1915 (97.55)	514	500 (97.28)	0.5793
Vegetables	3716	3675 (98.90)	1955	1927 (98.60)	515	507 (98.45)	0.4578
Meat/poultry	3721	3646 (97.98)	1965	1920 (97.71)	515	509 (98.83)	0.2716
Fish	3721	3440 (92.45)	1965	1789 (91.04)	515	467 (90.68)	0.1090
Eggs	3721	3203 (86.08)	1963	1688 (85.99)	515	444 (86.21)	0.9905
Whole grains	3718	2854 (76.76)	1964	1458 (74.24)	514	381 (74.12)	0.0721
Refined/milled grains	3719	2958 (79.54)	1963	1545 (78.71)	514	420 (81.71)	0.3176
Dairy products	3719	3272 (87.98)	1964	1700 (86.56)	514	451 (87.74)	0.3000
Soy sauce/fish sauce	3719	1281 (34.44)	1964	625 (31.82)	514	151 (29.38)	0.0217
Salt added to food/salty snacks	3718	1724 (46.37)	1965	911 (46.36)	514	236 (45.91)	0.9808
Pickled vegetables	3718	1851 (49.78)	1964	970 (49.39)	514	227 (44.16)	0.0563
Tofu/soybean curd	3719	775 (20.84)	1965	372 (18.93)	514	78 (15.18)	0.0055
Nuts/seeds	3717	1836 (49.39)	1965	890 (45.29)	514	223 (43.39)	0.0018

Fruits	3718	3621 (97.39)	1964	1903 (96.89)	515	496 (96.31)	0.2796
Fruit juices	3719	1950 (52.43)	1964	992 (50.51)	514	270 (52.53)	0.3650
Leafy green vegetables	3717	3525 (94.83)	1962	1832 (93.37)	515	473 (91.84)	0.0060
Other raw vegetables	3715	2779 (74.8)	1963	1458 (74.27)	515	357 (69.32)	0.0285
Other cooked vegetables	3718	3369 (90.61)	1964	1790 (91.14)	515	470 (91.26)	0.7586
<i>In number of servings per week</i>							
Animal proteins	3718	15 (10.23-21)	1963	14.23 (10-20.46)	514	15 (10.29-21)	0.0188
Plant proteins	3715	14 (7-21)	1963	14 (7-18.23)	514	14 (7.23-19)	0.2172
Total proteins	3714	28.23 (20.46-38)	1962	27.46 (19.86-36.21)	514	28.46 (20.46-37.23)	0.0138
Salty foods	3717	1.46 (0.23-6)	1964	1.46 (0-5.46)	514	1.46 (0-5)	0.4181
Sweet foods	3714	3 (0-10)	1962	3 (0-9)	514	3 (0.06-14)	0.7821
High-fat content foods	3714	17 (11.92-23.23)	1962	16 (11-22.46)	514	17.15 (11.75-23.98)	0.0085
Meat/poultry	3721	5 (3-7)	1965	4 (2-7)	515	5 (3-7)	0.1467
Fish	3721	1 (0.92-2)	1965	1 (0.46-2)	515	1 (0.69-2)	0.0004
Eggs	3721	1 (0.46-2)	1963	1 (0.46-2)	515	1 (0.46-3)	0.2987
Whole grains	3718	6 (0.23-14)	1964	4 (0-7)	514	4 (0-12.25)	0.0154
Refined/milled grains	3719	2 (0.46-7)	1963	2 (0.23-7)	514	3 (0.92-7)	0.1923
Dairy products	3719	7 (2-7)	1964	7 (2-7)	514	7 (2-7)	0.0528
Deep fried food/snacks/fast food	3720	0 (0-1)	1965	0 (0-1)	515	0 (0-1)	0.7147
Soy sauce/fish sauce	3719	0 (0-0.46)	1964	0 (0-0.46)	514	0 (0-0.4)	0.0351
Salt added to food/salty snacks	3718	0 (0-1)	1965	0 (0-1)	514	0 (0-1)	0.9352
Pickled vegetables	3718	0 (0-1)	1964	0 (0-1)	514	0 (0-1)	0.0693
Tofu/soybean curd	3719	0 (0-0)	1965	0 (0-0)	514	0 (0-0)	0.0041
Nuts/seeds	3717	0 (0-1)	1965	0 (0-1)	514	0 (0-0.46)	<0.0001
Fruits	3718	7 (4-14)	1964	7 (4-14)	515	7 (3-14)	<0.0001
Fruit juices	3719	0.23 (0-3)	1964	0.23 (0-3)	514	0.46 (0-4)	0.2682
Leafy green vegetables	3721	4 (2-7)	1956	4 (2-7)	515	3 (2-7)	0.0035
Other raw vegetables	3719	2 (0-5)	1957	2 (0-4)	515	1 (0-4)	0.0002
Other cooked vegetables	3722	3 (1-7)	1958	3 (1-7)	515	3 (1-7)	0.7163

<sup>1</sup>n<sub>a</sub> number of participants with available data; BMI body mass index.