Accumulation of very long-chain fatty acids does not affect mitochondrial function in adrenoleukodystrophy protein deficiency

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X-linked adrenoleukodystrophy (X-ALD, OMIM 300100) is a severe inherited neurodegenerative disease, associated with the accumulation of very long-chain fatty acids (VLCFA). The recent unexpected observation that the accumulation of VLCFA in tissues of the Abcd1-deficient mouse model for X-ALD is not due to a deficiency in VLCFA degradation, led to the hypothesis that mitochondrial abnormalities might contribute to X-ALD pathology. Here, we report that in spite of substantial accumulation of VLCFA in whole muscle homogenates, normal VLCFA levels were detected in mitochondria obtained by organellar fractionation. Polarographic analyses of the respiratory chain as well as enzymatic assays of isolated muscle mitochondria revealed no differences between X-ALD and control mice. Moreover, analysis by electron microscopy, revealed normal size, structure and localization of mitochondria in muscle of both groups. Similar to the results obtained in skeletal muscle, the mitochondrial enzyme activities in brain homogenates of Abcd1-deficient and wild-type animals also did not differ. Finally, studies on mitochondrial oxidative phosphorylation in permeabilized human skin fibroblasts of X-ALD patients and controls revealed no abnormalities. Thus, we conclude that the accumulation of VLCFA per se does not cause mitochondrial abnormalities and vice versa—mitochondrial abnormalities are not responsible for the accumulation of VLCFA in X-ALD mice.

INTRODUCTION

X-linked adrenoleukodystrophy (X-ALD) is an inherited neurodegenerative disease with highly variable phenotypes even among siblings. The most frequent phenotypes are the childhood cerebral X-ALD with inflammatory cerebral demyelination, and adrenomyeloneuropathy (AMN) the adult-onset, slowly progressive form that affects mainly the spinal cord and the peripheral nerves of the limbs. Both forms may occur in combination with adrenocortical insufficiency which, however, may also be the only clinical manifestation (‘Addison-only’ phenotype) for a long period in life (1,2).

All forms of X-ALD are caused by mutations in the ABCD1 gene, encoding the peroxisomal ‘ATP-binding cassette’ (ABC) transporter, adrenoleukodystrophy protein (ALDP). ALDP-deficiency results in increased levels of saturated very long-chain fatty acids (VLCFA, >C22:0), which are normally catabolized by peroxisomal β-oxidation (2,3). The ABC transporter superfamily subgroup D includes in addition to ALDP, three other transporters that are localized in the peroxisomal membrane: ABCD2/ALD-related protein (4), the 70 kDa peroxisomal membrane protein, ABCD3/PMP70 (5) and ABCD4/PMP70-related protein (6,7) with 63, 36 and 25% amino acid identity to ALDP, respectively (7). The exact function of ALDP and the substrate it transports across

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the peroxisomal membrane are currently unknown. However, the topology of ALDP with the ATP-binding site located towards the cytoplasm, strongly suggests that it transports a substrate from the cytoplasm into the peroxisomes.

To analyse the cellular function of ALDP, a mouse model for X-ALD was generated by targeted inactivation of Abcd1 (8–10). VLCFA accumulate in the tissues of X-ALD mice, very similar to X-ALD patients, and cultured primary fibroblasts from Abcd1 knockout mice show reduced rates of VLCFA β-oxidation. Older Abcd1-deficient mice have been described to develop a mild neurological and behavioural phenotype, starting at ~15 months of age, with slower sciatic nerve conduction velocity and myelin and axonal abnormalities detectable in the spinal cord and sciatic nerve when compared with age-matched wild-type mice (11).

It was long assumed that the reduced ability to activate VLCFA, and thus insufficient degradation of VLCFA, well established in cultured X-ALD fibroblasts, leads to the accumulation of VLCFA in tissues (12–15). However, McGuinness et al. (16) recently demonstrated that the peroxisomal β-oxidation capacity is normal in tissues of Aldp-deficient mice. Moreover, mice deficient for very long-chain acyl-CoA synthetase, an enzyme that activates VLCFA for degradation in peroxisomes, have reduced peroxisomal β-oxidation but normal VLCFA levels (17). Thus, the peroxisomal β-oxidation and the accumulation of VLCFA seem to be uncoupled in ALDP-deficiency and it remains unclear how ALDP is involved in the accumulation of VLCFA. An indirect mechanism related to mitochondrial dysfunction was suggested to be responsible for the disease-characteristic accumulation of VLCFA in X-ALD (16). First, in fibroblasts from X-ALD patients, a close relationship between the rate of mitochondrial β-oxidation of VLCFA and peroxisomal β-oxidation of VLCFA was observed (16). Secondly, in fibroblasts with either mitochondrial (very-) long-chain fatty acyl-CoA dehydrogenase deficiency or carnitine palmitoyltransferase 1 deficiency, the significantly reduced mitochondrial LCFA β-oxidation is accompanied by a significant reduction of peroxisomal VLCFA β-oxidation, implying interdependence of the two processes. Therefore, it has been postulated that ALDP-deficiency influences mitochondrial function causing an increase in the level of LCFA in the cell and, because peroxisomal very long-chain acyl-CoA synthetase has a higher affinity for LCFA than for VLCFA (18), the net effect would be a backlog of VLCFA in the cytoplasm. In addition, it was suggested that mitochondrial abnormalities might lead to increased fatty acyl chain elongation and thus to the accumulation of VLCFA.

In peroxisome biogenesis disorders, which are characterised by the absence or a strong reduction in the number of functional peroxisomes due to mutations or deletions in the peroxin (PEX) genes (19,20), the molecular defects manifest in the accumulation of VLCFA and phytic acid in plasma and tissues and in the reduction of plasmalogens in erythrocytes and tissues (2). The Pex5 (−/−) mouse, a model for Zellweger syndrome lacks functional peroxisomes and shows the severe pathological and biochemical defects seen in the Zellweger patients (21). Strikingly, these mice show, in addition to the loss of peroxisomes, mitochondrial alterations in hepatocytes (22). The mitochondria show a very heterogeneous morphology and the ultrastructural abnormalities affect all subcompartments. Ultrastructural changes were also seen in other lipid-metabolizing tissues, like adrenal cortex, kidney cells of the proximal tubules, cardiomyocytes, skeletal muscle and most prominently in the diaphragm (22). In the liver of newborn Pex5 (−/−) mice, a decrease in complex I and V activities of the mitochondrial electron transporter chain was demonstrated (22).

Mitochondria house numerous crucial biochemical pathways and are, in particular, responsible for the generation of ATP by oxidative phosphorylation and for the β-oxidation of short-, medium- and long-chain fatty acids. To test the hypothesis that mitochondrial impairment is the cause of VLCFA accumulation or, if the accumulation of VLCFA itself could cause mitochondrial damage in X-ALD, we here assessed mitochondrial functions and morphology in the skeletal muscle of Abcd1-deficient mice. We carried out a detailed analysis of the mitochondrial respiratory chain using high-resolution respirometry and enzymatic assays, investigations of the peroxisomal and mitochondrial β-oxidation systems and electron microscopy with morphometric analysis in isolated mitochondria of Abcd1-deficient mice. In a second approach, the function of the individual respiratory chain complexes were analysed spectrophotometrically. Finally, to establish whether the mitochondrial respiratory chain function is impaired in X-ALD patients, measurements of ATP-synthesis and the formation of lactate and pyruvate from glucose in human skin fibroblasts from X-ALD patients were compared with healthy controls.

RESULTS

Accumulation of VLCFA in skeletal muscle of Abcd1-deficient mice

It has been shown previously that VLCFA levels are increased in fibroblasts and various tissues from X-ALD patients and Aldp-deficient mice (8–10). This analysis was now extended to include skeletal muscle tissue. For this purpose, pools were made containing the quadriceps, gastrocnemius, soleus and adductor muscles from the hind limbs of 9-month-old Abcd1-deficient mice and their wild-type littermates. The results from gas chromatographic analysis of total lipids demonstrated a 4-fold increase in the C26:0/C22:0 ratio in muscle tissue of Abcd1-deficient mice, which is comparable to the increased C26:0/C22:0 ratios found in brain, kidney and adrenals (Fig. 1).

Peroxisomal β-oxidation is normal in skeletal muscle of Abcd1-deficient mice

On the basis of the intriguing observation by McGuinness et al. (16), that peroxisomal β-oxidation of C24:0 is normal in brain, adrenals, heart, liver and kidney of Abcd1-deficient mice, we determined the VLCFA β-oxidation rate in a peroxisome-enriched fraction from skeletal muscle of wild-type and Abcd1-deficient mice and compared these results with previous published results (8), the rate of β-oxidation of lignoceric acid (C24:0) in Abcd1-deficient mouse fibroblasts...
was ∼50% of that in wild-type cells (Fig. 2A). Analysis of a peroxisome-enriched fraction from freshly isolated skeletal muscle, however, showed no statistically significant difference in the rate of VLCFA oxidation between wild-type and Abcd1 knockout animals (Fig. 2B). Thus, VLCFA accumulate in skeletal muscle of Aldp-deficient mice in spite of normal peroxisomal VLCFA degradation. These results prompted us to perform a detailed analysis of mitochondrial functions.

Respiratory function of isolated mitochondria is normal in Abcd1-deficient mice

One of the key functions of mitochondria is the generation of ATP by oxidative phosphorylation. Therefore, we evaluated the respiratory capacity of isolated muscle mitochondria from Abcd1-deficient and wild-type animals by multiple substrate-inhibitor titration respirometry (Fig. 3A and B). Respiration was stimulated by oxidation of the NADH-dependent substrates pyruvate/malate or glutamate/malate (respiration through complexes I, III, and IV); inhibition with antimycin A, ascorbate/tetramethyl-p-phenylenediamine dihydrochloride (TMPD) was used to test for respiration through complex IV only. Regardless, if respiratory activity was normalized to citrate synthase (CS) activity (Fig. 3C) or mitochondrial protein content (data not shown), no significant differences were found between Abcd1 (−/−) and wild-type animals concerning their oxygen consumption rates on different substrates.

To assess any limitation of respiration by the phosphorylating system (complex V), ascorbate/TMPD-dependent respiration was uncoupled by the addition of carbonylcyanide-p-trifluoromethoxy-phenylhydrazone (FCCP). Neither in Abcd1-deficient nor in wild-type mitochondria did the respiratory rates increase after uncoupling (data not shown), indicating full complex V function. Moreover, respiration from both, Abcd1-deficient and wild-type mitochondria, was well coupled to phosphorylation as indicated by their respiratory control indices (ratio of pyruvate/malate-dependent respiration in the presence of ATP and after inhibition of the ATP–ADP translocase by atractyloside) (Fig. 3D). Mitochondrial function was also assessed by different enzymatic assays to reveal even subtle differences in respiratory chain function: NADH:O2 oxidoreductase (representing the activity of complex I, III, and IV), succinate:cytochrome c oxidoreductase (complex II and III), cytochrome c oxidase (complex IV) and CS (the mitochondrial marker enzyme). The specific CS activity of either crude muscle homogenates (data not shown) or isolated mitochondria was comparable in Abcd1-deficient and wild-type mice (Fig. 4A). In agreement with the mitochondrial respirometry results, also the respiratory chain specific enzymatic assays revealed no statistically significant differences (Fig. 4B–D). Taking all the results together from these thorough analyses, it has to be concluded...
that mitochondrial respiratory function of *Abcd1*-deficient mice is not significantly altered.

Mitochondrial enzyme activities are not affected in brain of *Abcd1*-deficient mice

Because an increased level of saturated unbranched VLCFA, particularly in the cholesterol ester, ganglioside and proteolipid fractions of the brain white matter, is one major characteristic in X-ALD, we also investigated the enzymatic activities of key respiratory enzymes (NADH:O2 oxidoreductase, succinate:cytochrome c oxidoreductase, cytochrome c oxidoreductase) and of CS from crude brain homogenates (Fig. 5). As in isolated muscle mitochondria (Fig. 4), the enzyme activities in brain of *Abcd1*-deficient mice were comparable to the levels of wild-type littermates.

LCFA β-oxidation is normal in mitochondria isolated from skeletal muscle of *Abcd1*-deficient mice

Prompted by the apparent absence of any defects in the oxidative phosphorylation system, we evaluated the mitochondrial β-oxidation using two different approaches. First, the rate of mitochondrial LCFA acid β-oxidation was assessed indirectly, using saponin-permeabilized soleus muscle fibres in high-resolution respirometry. Here, palmitoyl carnitine was used as a substrate to feed the respiratory chain via mitochondrial β-oxidation and the resulting respiratory activity was recorded. Again, no significant difference was observed between *Abcd1*-deficient and wild-type mice (Fig. 6A). Secondly, LCFA β-oxidation was measured using radioactively labelled [1-14C]palmitic acid (C16:0) as a substrate for the same mitochondrial preparations as used for

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**Figure 3.** Respiration of isolated mitochondria from skeletal muscle of *Abcd1*-deficient and wild-type mice. (A and B) Representative oxygen concentration (thick line) and oxygen consumption rate (thin line) derived from a multiple-substrate-inhibitor analysis of isolated skeletal muscle mitochondria from *Abcd1*-deficient mice. Addition of the various substrates and inhibitors is indicated. After addition of the inhibitor antimycin A and ascorbat/TMPD in panel (A) and atractyloside in panel (B), the chamber was re-oxygenated to derive oxygen consumption rates at comparable O2 concentrations. (C) Specific oxygen consumption rate on different substrates. Rates were normalized to citrate synthase activity (CS) of each sample. (D) Respiratory control indices (ratio of pyruvate/malate dependent respiration in the presence of ATP and after inhibition of the ATP–ADP translocase by atractyloside). The results in (A and D) are shown as mean ± standard deviation of five animals, each analysed in triplicate.
respirometric analyses (Fig. 6B). The ability to degrade palmi-
tic acid was unchanged in mitochondria from X-ALD mice
compared to wild-type littermates. Thus, both assays indicate
unaltered mitochondrial \( \beta \)-oxidation capacity.

**Normal ultrastructural morphology of muscle
mitochondria in \textit{Abcd1}-deficient mice**

Severe ultrastructural alterations of mitochondria have been
reported in the diaphragm in the Zellweger mouse model
(22). Therefore, we analysed shape, size and morphology of
mitochondria in the diaphragm from two 12-month-old \textit{Abcd1}
knockout mice and three male wild-type littermates by elec-
tron microscopy. Ultrastructural inspection of mitochondria
in the diaphragm of \textit{Abcd1}-deficient mice revealed no altera-
tions in number, structure or localization compared with
their wild-type littermates (Fig. 7A and B). In addition, mor-
phometric analysis of the perimeter of several hundred mito-
chondria from each genotype indicated a similar size of
mitochondria in both groups (Fig. 7C). Taken together, these
results were in line with the normal activities observed for
CS and the respiratory chain enzymes.

**The mitochondrial membranes of \textit{Abcd1}-deficient mice do not accumulate VLCFA**

As the mitochondrial membrane contains a substantial amount
of phosphatidylcholine, a phospholipid known to contain a
high amount of VLCFA in X-ALD (23), we determined the
VLCFA content of isolated mitochondria from gastrocnemius
muscle of wild-type and \textit{Abcd1}-deficient mice (Fig. 8). No
accumulation was found in the mitochondrial fraction from
X-ALD mice, in spite of the robust increase in VLCFA in
whole skeletal muscle homogenate (Fig. 1).
Measurement of ATP-synthesis and the formation of lactate and pyruvate from glucose in human skin fibroblasts

To establish whether the mitochondrial respiratory chain function is impaired in X-ALD patients, we measured ATP-synthesis with glutamate/malate and succinate/rotenone and the formation of lactate and pyruvate from glucose in primary human fibroblasts from X-ALD patients and compared these results with data obtained in healthy controls and cells from patients with cytochrome c oxidase deficiency (Table 1). No difference in both, ATP-synthesis and the lactate to pyruvate ratio, were observed between X-ALD and control fibroblasts. For comparison, the severely decreased rate of ATP production in fibroblast cell lines from two patients with cytochrome c oxidase deficiency are shown, representing values typical for an impairment of the respiratory chain-driven ATP-synthesis (24). In addition, the effect of sodium azide (inhibitor of cytochrome c oxidase) treatment on the lactate and pyruvate production in normal fibroblasts was included to demonstrate the strong increase in the lactate to pyruvate ratio that would have been expected, if the mitochondrial oxidative phosphorylation were defective in X-ALD (25).

DISCUSSION

The unexpected observation that X-ALD mouse tissues have normal levels of peroxisomal VLCFA β-oxidation in the absence of Aldp and yet have elevated VLCFA levels, with the consequential hypothesis that mitochondria are involved in the X-ALD pathology (16), prompted us to look closer at the mitochondrial functions in X-ALD. Elevated levels of

![Figure 6. Mitochondrial β-oxidation of Abcd1-deficient and wild-type animals. (A) Palmitoyl carnitine dependent respiration of permeabilized muscle fibres. Mean ± standard deviation of the respiratory rates per milligram muscle fibre wet weight of five animals, each analysed in quadruplicate, are shown. (B) The rate of β-oxidation of palmitic acid (C₁₆:0) was measured in mitochondria isolated from skeletal muscle of Abcd1-deficient and wild-type mice. The specific activity is shown as mean ± standard deviation with the number of animals analysed indicated in parenthesis.](image)

![Figure 7. Ultrastructural analysis of mitochondria from diaphragm of Abcd1-deficient and wild-type mice. The diaphragm of (A) a 12-month-old Abcd1-deficient and (B) a wild-type mouse was analysed by electron microscopy. The perimeter of the indicated number of mitochondria from three wild-type and two Abcd1-deficient mice was determined morphometrically (C). The values between the two groups show no statistically significant difference according to Student’s t-test.](image)
VLCFA are a major diagnostic feature of X-ALD and other peroxisomal disorders (26–28). First, we established that the loss of Aldp results in substantial accumulation of VLCFA (C26:0) and also in murine skeletal muscle. Two main reasons motivated us to choose muscle tissue for a detailed analysis of mitochondrial functions in X-ALD. Already in 1979, characteristic biochemical and ultrastructural abnormalities in cultured muscle cells from a patient with AMN were reported (29). Another reason was that mitochondrial defects are usually well reflected in muscle tissue and, therefore, we expected to obtain clear results from this study.

In contrast to human X-ALD patients, plasma VLCFA levels are not increased in Abcd1-deficient mice. Thus, the accumulation of VLCFA in muscle is not due to uptake of VLCFA from the blood but rather caused by a metabolic deficiency in the muscle cell itself. Although Abcd1-deficient muscle tissue displayed clearly elevated concentrations of VLCFA (C26:0) and a C26:0/C22:0 ratio comparable to those in brain, kidney and adrenals, it was surprising that isolated mitochondria from skeletal muscle of these mice did not show an increased VLCFA content. Moreover, in good agreement with recently published results (16), we found near normal levels of peroxisomal VLCFA β-oxidation in muscle tissue from Abcd1-deficient mice despite the elevated levels of VLCFA.

Of the Pex5-deficient mouse model of Zellweger syndrome that have shown that defective peroxisome biogenesis is associated with mitochondrial alterations leading to mitochondrial respiratory chain dysfunction and to diverse cellular responses (21). Mitochondrial pathology has also been described in human Zellweger patients (30). However, our analysis of primary fibroblasts from X-ALD patients did not demonstrate impaired mitochondrial function, as measured by neither ATP-synthesis rate or the lactate to pyruvate ratio (Table 1).

At the biochemical level, several different approaches are available to determine mitochondrial respiratory chain dysfunctions. The activity of respiratory chain complexes may be analysed spectrophotometrically by measuring different enzymatic activities or, alternatively, they may be examined in intact organelles by multiple substrate-inhibitor titration respirometry (31,32). The study of mitochondrial respiratory parameters provides an important tool to understand mitochondrial physiology and the potential role of mitochondria in pathology. To answer the question whether mitochondrial defects could contribute to the pathology of X-ALD, we first analysed specific respiratory functions in Abcd1-deficient mice and their wild-type littermates by applying high-resolution respirometry to isolated mitochondria from skeletal muscle. Our results conclusively demonstrated normal respiratory chain function in Abcd1-deficient mice (Fig. 3C). No substrate dependent differences in respiratory chain activity could be observed between X-ALD and wild-type animals in skeletal muscle. Spectrophotometric measurements of isolated muscle mitochondria confirmed the polarographic data and thus provided complementary information about the function of the individual respiratory chain complexes in skeletal muscle of Abcd1-deficient mice and wild-type animals.

We extended the spectrophotometric analysis on murine brain homogenates to exclude potential respiratory deficiencies. When compared with the wild-type control group, no changes in the activity of respiratory enzymes were observed in Abcd1-deficient mice (Fig. 5). Brain has been chosen as a second study-tissue, because it is more strongly affected by X-ALD pathology than skeletal muscle, yet similarly to muscle it is typically severely affected by mitochondrial dysfunctions. Normal enzyme activity in brain homogenates does not exclude subtle mitochondrial dysfunction, as tissues have different thresholds of tolerance to mitochondrial dysfunction. Brain relies primarily on oxidative phosphorylation and its threshold of tolerance should be rather low. In another approach, saponin-permeabilized muscle fibres from soleus muscle of Abcd1-deficient mice

Table 1. Measurement of ATP-synthesis and the formation of lactate and pyruvate from glucose in human skin fibroblasts

<table>
<thead>
<tr>
<th>Group</th>
<th>ATP-synthesis</th>
<th>Lactate:pyruvate ratio</th>
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<tbody>
<tr>
<td>Controls (n = 105)</td>
<td>18.8 ± 4.0</td>
<td>19.2 ± 7.1</td>
</tr>
<tr>
<td>X-ALD (n = 7)</td>
<td>15.2 ± 7.1</td>
<td>15.1 ± 6.6</td>
</tr>
<tr>
<td>Controls + azide (n = 105)</td>
<td>n.d.</td>
<td>78.4 ± 22.4</td>
</tr>
<tr>
<td>Cytochrome c oxidase deficiency (n = 2)</td>
<td>1.02; 1.13</td>
<td>n.d.</td>
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</tbody>
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Results are shown as mean ± standard deviation. n.d., not determined.

1ATP-synthesis expressed as nmol/min/mg protein.
were investigated by high-resolution respirometry. Mitochondria in intact muscle fibres are organized within the surrounding cytoskeletal network and are integrated into functional clusters. It is assumed that these clusters are connected to each other and are so able to respond in a synchronized fashion to physiological changes. With the substrate palmitoyl carnitine, we were able to assess respiratory chain function driven by mitochondrial β-oxidation. Again, no significant differences between knockout and wild-type mice were observed. These results were consistent with normal LCFA (C16:0) β-oxidation rates in mitochondria isolated from muscle tissue of Abcd1-deficient mice (Fig. 6B). Both results demonstrate that animals lacking Aldp show neither impaired mitochondrial β-oxidation nor reduced activity of the respiratory chain.

Pharmacologically induced expression of the ALD-related (ALDR/ABCD2) protein or overexpression of transfect ADDR cDNA can correct peroxisomal VLCFA β-oxidation in primary human fibroblasts derived from X-ALD patients (33). When Aldr cDNA is overexpressed as a transgene in Abcd1-deficient mice, tissue levels of VLCFA normalise. In normal murine skeletal muscle, both Abcd1 and Abcd2 are expressed at relatively high levels (34). To exclude the possibility that Aldr protein compensates for Abcd1-deficiency in muscle and therefore abrogates mitochondrial dysfunction, we also subjected Abcd2-deficient and Abcd1/Abcd2-double deficient mice to the same analysis. However, for both single knockout and the double knockout groups, all results indicated normal mitochondrial functions (manuscript in preparation).

To further rule out any mitochondrial defects, the ultrastructure, localization and size of mitochondria were determined. In Pex5, the absence of functional peroxisomes leads to mitochondrial alterations in different tissues and blood cells (22). These mice exhibit severe alterations in the diaphragm, varying from small blebs with electron lucent content in the outer membrane to morphological changes in the cristae structure-like arrangements into parallel stacks or curvilinear and circular forms. Mitochondria of the diaphragm were more severely affected than those of the skeletal muscle (21,22). We also investigated the diaphragm of Abcd1 mice by electron microscopy. The electron micrographs revealed normal distribution and localization of the mitochondria along the Z-fibres in the muscle fibre, and by morphometric analysis the size of the mitochondria was unaltered. Thus, in contrast to the mitochondrial abnormalities in Zellweger syndrome, Abcd1-deficient mice do not show ultrastructural modification in size, structure or localization of mitochondria in the diaphragm.

Patients with Refsum disease, a peroxisomal disorder associated with α-oxidation deficiency, demonstrate that the accumulation of phytic acid at high levels throughout the body. Phytic acid is incorporated into the mitochondrial membranes, increases the membrane H⁺ conductance and disturbs protein-linked functions in energy coupling. The reduction in mitochondrial ATP supply and opening of the permeability transition pore are two major mechanisms that induce the onset of the degenerative process (35). In contrast, our results indicate that VLCFA are not incorporated into mitochondrial membranes of skeletal muscle although these consist to about 45% of phosphatidylcholine. Hexacosanoic acid (C26:0) is known to accumulate in glycerophospholipids, in particular phosphatidylethanolamine, of X-ALD white matter (23). On the basis of this observation, we would have expected VLCFA accumulation in the membranes of the skeletal muscle mitochondria of Abcd1-deficient mice. However, a normal fatty acid composition of mitochondrial membranes (Fig. 8) was determined. This finding is consistent with the unimpaired respiratory control (Fig. 3D), indicating tight coupling between respiration and phosphorylation, as well as correct membrane function with respect to proton leakage. Thus, excessive VLCFA are apparently neither incorporated into mitochondrial membranes nor do they disturb mitochondrial respiratory chain function and ATP synthesis.

We conclude that the accumulation of VLCFA per se does not cause mitochondrial abnormalities and vice versa, our results imply that mitochondrial abnormalities are not the origin of the accumulation of VLCFA in X-ALD, even though we cannot rule out that Abcd1-deficiency might lead to more subtle mitochondrial dysfunction. Furthermore, it cannot be excluded that Abcd1-deficiency contributes to mitochondrial impairment in other tissues, where mitochondria are highly involved in more specialised functions, like steroid production in adrenocortical cells.

Because peroxisomal β-oxidation in Abcd1-deficient muscle tissue is normal as was shown for several other tissues (including brain) (16), the increased VLCFA levels in X-ALD do not seem to result from reduced β-oxidation activity but rather from increased elongation of LCFA and VLCFA and/or modified incorporation of VLCFA in complex lipids. This hypothesis is supported by the finding that even in fibroblasts from X-ALD patients, where peroxisomal β-oxidation is impaired, Kemp et al. (36) demonstrated an enhanced VLCFA elongation, which could account for the accumulation of VLCFA in X-ALD.

Taken together, mitochondrial defects do not seem to be a primary defect in X-ALD. However, it cannot be excluded that secondary mitochondrial dysfunction occurs in affected tissues such as the degenerating central nervous system.

MATERIALS AND METHODS

Unless otherwise specified, chemicals were purchased from Sigma-Aldrich (St Louis, MO, USA).

Animals

Male Abcd1-deficient mice (8) obtained after 10 generations of backcrossing to the inbred C57BL/6 strain and their wild-type littermates were used for experimental analyses at an age of 12–16 months, as indicated. The mice were housed at 22°C, on a 12 h light/dark cycle, with free access to food and water. Procedures involving animals were conducted in conformity with the institutional guidelines that are in compliance with national and international laws and policies. All subsequent analyses were performed in a blinded fashion with respect to the genotype of the mice.
Preparation of crude tissue homogenates for assays of mitochondrial enzyme activities

Gastrocnemius muscle and brain were dissected and immediately snap frozen in liquid nitrogen. All steps were performed at 4°C, if not stated otherwise. Approximately 20 mg of frozen muscle tissue and half a frozen brain (200 mg) were homogenized in a Teflon-glass Potter-Elvehjem homogenizer in 20 volumes (ml/g of tissue) SETH buffer (250 mM sucrose, 2 mM EDTA, 10 mM Tris–Cl, pH 7.4, 50 U Heparin/ml) for 1.5 min and centrifuged at 600g for 15 min. 100 µl of a 1:10 dilution of these preparations were used for CS activity measurements. For the determination of the enzyme activities in the brain homogenate, 30 µl of a 1:20 dilution for cytochrome c oxidase and 40 µl of a 1:20 dilution for cytochrome c oxidase were used.

Isolation and preparation of muscle mitochondria

Muscles were dissected freshly from 14-month-old wild-type and Abcd1 (−/−) male littermates. Skeletal muscle mitochondria were isolated from 1–2 g of hindlimb skeletal muscles including gastrocnemius, adductors and quadriceps muscles. For the isolation procedure, all steps were carried out on ice or at 4°C. The muscle tissue was freed from collagen, nerves and fat, minced, weighed and homogenized in a Teflon-glass Potter-Elvehjem homogenizer in 10 ml isolation buffer (220 mM mannitol, 70 mM sucrose, 1 mM EDTA, 10 mM Tris–Cl, pH 7.5) per gram of tissue. After centrifugation at 1000g for 5 min, the supernatant was collected. This step was repeated twice to remove tissue debris. Finally, mitochondria were collected by centrifugation at 8000g for 15 min, washed once with isolation buffer, re-pelleted and resuspended in isolation buffer (100 µl/g initial material).

After the use for polarographic studies, the isolated mitochondria were frozen in liquid nitrogen and stored at −80°C for later spectrophotometric measurements. For the determination of the enzyme activities of the isolated mitochondria, 100 µl of a 1:100 dilution for CS determination, 30 µl of a 1:50 dilution for NADH:O2 oxidoreductase, 40 µl of a 1:50 dilution for succinate:cytochrome c oxidoreductase and 40 µl of a 1:100 dilution for cytochrome c oxidase were used. CS activity was determined with 100 µl of a 1:100 dilution of permeabilized mitochondria.

Preparation of soleus muscle for polarographic measurements

Freshly dissected soleus muscle was immediately transferred into ice-cold BIOPS buffer pH 7.1 (2.77 mM CaK2EGTA, 7.23 mM K2EGTA, 5.7 mM Na2ATP, 5.56 mM MgCl2, 20 mM taurine, 15 mM Na2-phospho-creatine, 20 mM imidazole, 0.5 mM dithiothreitol, 50 mM MES). The fibres were cut in half, loosened with forceps under a binocular microscope and incubated for 30 min in BIOPS buffer with 50 µg/ml saponin at 4°C. The fibre bundles were washed for 10 min at 4°C in respiration buffer 2 [0.5 mM EGTA, 3 mM MgCl2, 60 mM K-lactobionate, 20 mM taurine, 10 mM KH2PO4, 20 mM HEPES, 110 mM sucrose, 0.1% (w/v) bovine serum albumin (BSA)] to remove saponin.

Determination of mitochondrial respiratory rates

Mitochondrial respiratory rates were measured by polarographic oxygen sensors in a two-chamber Oxygraph (OROBOROS Instruments, Innsbruck, Austria) equipped with a Peltier thermostat and electromagnetic stirrers. All measurements were performed in triplicates. The oxygen concentration was recorded using the acquisition software DatLab (OROBOROS Instruments) and oxygen consumption rates (pmol O2/s) were calculated and expressed as specific oxygen consumption rates (pmol O2/s/unit CS). Measurements were performed using 10–15 µl of isolated mitochondria (10–18 mg mitochondrial protein/ml) in 2.2 ml of respiration buffer 1 (0.5 mM EGTA, 3 mM MgCl2, 20 mM taurine, 10 mM KH2PO4, 20 mM HEPES, 200 mM sucrose, 0.1% BSA, final pH 7.1) at 30°C, with continuous stirring. Two different substrate-inhibitor titration regimes were applied: in the first, respiration was stimulated by glutamate/malate (10/5 mM) and ADP (2 mM). After inhibition by antimycin A (5 µM), complex IV respiration was directly measured by the addition of TMPD/ascorbate (200 µM/2 mM). First, respiration was uncoupled by full permeabilization with FCCP (1.5 µM). Secondly, respiration was stimulated by pyruvate/malate (10/5 mM) and ADP (2 mM) (state 3 respiration), followed by the inhibition of the ATP–ADP translocase by atracyloside (50 µM) to determine the rate of uncoupled (state 4) respiration.

For the analysis of the permeabilized muscle fibres of the soleus muscle, fibres were incubated in 2.2 ml respiration buffer 2 at 30°C under continuous stirring. After the addition of palmitoyl carnitine/malate (500 µM/5 mM), ADP (2 mM) was added and the oxygen consumption rate was determined.

Determination of CS, NADH:O2 oxidoreductase, succinate:cytochrome c oxidoreductase and cytochrome c oxidase activities

In mitochondrial preparations that had been frozen and thawed once, we measured the activities of the respiratory chain enzymes NADH:O2 oxidoreductase (complex I/III/IV), succinate:cytochrome c oxidoreductase (complex II/III), cytochrome c oxidase (complex IV) and CS activity as marker enzyme for mitochondrial activity, to which the other activities were normalized.

CS activity was monitored by following the reduction of 5,5′-dithiobis-(2-nitrobenzoic) acid (DTNB) at 412 nm (Hitachi U-3010 spectrophotometer) at 37°C after full permeabilization of mitochondria with 0.5% Triton X-100. Briefly, 750 µl H2O, 100 µl DTNB (0.4 mg/ml in 1 mM Tris–Cl, pH 8) and 30 µl acetyl-coenzyme A (10 mg/ml in H2O) were pre-incubated with 100 µl of permeabilized mitochondria, and the reaction subsequently started by the addition of 20 µl oxalacetic acid (3.3 mg/ml in 50 mM Tris–Cl, pH 7.5). A molar extinction coefficient of 13 600/mol/cm was used to calculate the amount of CS activity.

The rotenone-sensitive NADH:O2 oxidoreductase activity was determined as previously described (37). Briefly, 720 µl
of a test mixture containing 50 mM K$_3$PO$_4$, 2.5 mg/ml BSA, 0.2 mM NADH, 5 mM MgCl$_2$, 130 µg/ml cytochrome c, pH 7.4 were pre-incubated at 30°C for 5 min; the reaction was started by adding 30 µl of the mitochondrial preparation. After 4 min of measurement, rotenone was added to 8 µg/ml.

Complex II and III activity was determined by measuring succinate:cytochrome c oxidoreductase activity (38). After pre-incubation of 920 µl test mixture (20 mM K$_3$PO$_4$, pH 7.5, 2 mM EDTA, 2 mM NaN$_3$, 1.8 mg/ml oxidized cytochrome c, 1.3 mM succinate, 4 µg/ml rotenone) for 5 min at 30°C, 40 µl of the mitochondrial preparation were added to start the reaction.

The activity of cytochrome c oxidase (complex IV) was measured by following the oxidation of reduced cytochrome c at 550 nm. Briefly, 980 µl of 0.09 mM cytochrome c (prepared by reduction using sodium dithionite and subsequent removal of dithionite with N$_2$) in 100 mM HEPES (pH 7.2) were pre-incubated for 10 min at 30°C, and the reaction started by the addition of 40 µl of the mitochondrial preparation. After 8 min of measurement cytochrome c was completely oxidized by the addition of K$_3$ (Fe (CN)$_6$) to determine the amount of oxidizable cytochrome c. For the calculation of enzyme activity, a molar extinction coefficient of 21 100/mol/cm was used.

**β-Oxidation**

The rate of β-oxidation in semi-permeabilized mitochondria and peroxisomes (isolated from mouse skeletal muscle) and in cultured fibroblasts was determined in duplicate as described elsewhere (39). Briefly, in separate reactions, 1–2 x 10$^5$ d.p.m. of [1-14C]lignoceric acid (C24:0) and [1-14C]palmitic acid (C16:0) obtained from American Radiolabelled Chemicals (St Louis, MO, USA) were brought to 5 nmol with the respective unlabelled fatty acid and added to the fibroblasts, mitochondria and peroxisomes. After 1 h of incubation at 37°C, the amount of degraded fatty acids was determined by measuring the release of water-soluble radioactivity. The β-oxidation activity was calculated as nanomole water-soluble $^{14}$C/mg protein and the C24:0/C16:0 ratio was determined.

**Analysis of VLCFA content by gas chromatography and electrospray ionization mass spectrometry**

For analysis of the level of VLCFA in skeletal muscle, gastrocnemius, quadriceps, soleus and adductors muscles were dissected from the hind limbs and pooled for each of three Abcd1-deficient and three wild-type control mice sacrificed at the age of 9 months. Gas chromatographic analysis was performed as described previously (8). Fatty acid content of isolated mitochondria (as described earlier) was analysed by electrospray ionization mass spectrometry as described recently (40).

**Ultrastructural analysis of the diaphragm**

Small stripes of diaphragm from wild-type and Abcd1-deficient mice were immersed in Karnovsky fixative (4% paraformaldehyde, 5% glutaraldehyde), post-fixed in osmium tetroxide and finally embedded in epoxy resin. Ultrathin sections were stained with uranyl acetate/lead citrate and viewed using a transmission electron microscope (Jeol 1200EX II, Jeol, Japan). Morphometric parameters of muscle mitochondria were collected from digitalized photomicrographs, using Image-J software (http://rsb.info.nih.gov/ij/).

**Measurement of ATP synthesis in permeabilized human fibroblasts**

ATP synthesis was measured in selectively permeabilized human primary fibroblasts derived from X-ALD patients and healthy controls following the procedure described by Wanders et al. (24). In short, cultured fibroblasts were incubated at a final concentration of 0.2 mg/ml in a medium containing 150 mM KCl, 25 mM Tris–Cl (pH 7.4), 2 mM EDTA, 10 mM potassium phosphate, 1 mM ADP, 0.1% (w/v) BSA, 40 µg/ml digitonin plus a respiratory substrate. Reactions were allowed to proceed for 30 min followed by the termination of reactions by perchloric acid. In the neutralized protein-free, perchloric acid extracts, ATP was measured spectrophotometrically (24).

**Lactate and pyruvate formation from glucose in human fibroblasts**

The clinical presentation of patients with mitochondrial dysfunction due to respiratory chain defects is very heterogeneous. One biochemical parameter that is determined is the lactate to pyruvate ratio, which increases caused by a shift in the cytosolic redox state due to the impaired NADH oxidation via the respiratory chain. For experimental design refer Wijburg et al. (25).

**Statistical analysis**

$P$-values were calculated by using the two-tailed Student’s $t$-test. $P$-values < 0.05 were used as criteria for statistical significance.

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