



Maria
Wakolbinger (née
Luger)

CONTACT



Kinderspitalgasse 15/1,
1090 Vienna, Austria



[maria.wakolbinger@meduniwi
en.ac.at](mailto:maria.wakolbinger@meduniwi
en.ac.at)



(+43) 14016034892



[https://orcid.org/
0000-0002-1991-6700](https://orcid.org/
0000-0002-1991-6700)

[https://www.researchgate.net/
profile/Maria_Wakolbinger](https://www.researchgate.net/
profile/Maria_Wakolbinger)

[https://www.linkedin.com/in/
maria-wakolbinger-nee-
luger-271b90123/](https://www.linkedin.com/in/
maria-wakolbinger-nee-
luger-271b90123/)

Twitter: [https://twitter.com/
WakolbingerMa](https://twitter.com/
WakolbingerMa)

WORK EXPERIENCE

06/2021 – CURRENT – Vienna, Austria

Associate Professor (full-time)

Department of Social & Preventive Medicine, Centre for Public Health, Medical University of Vienna

Scientific interests

Public Health Nutrition; Obesity; Childhood Obesity; Obesity and Chronic Disease Prevention; Chronic Disease; School- and Community-based Obesity Prevention Programs; School and Community Food Environments; Nutrition Assessment; Nutrition Surveys; Nutritional Epidemiology; Plant-based Diets; Interventions in the Management of Obesity; Bariatric Surgery.

Teaching responsibilities

Undergraduate studies, Medicine degree programme

- Block 22/23 - Public Health: "Factors influencing nutritional behaviour - An individual decision?" (Lecture)
- Elective: "Does everyone determine their own nutrition? - Public Health Nutrition" (Lecture)
- Block 13 - Nutrition and Digestion: "Nutrition Practical Course" (seminar with practical course)
- Block 6 - Prevention and preventive medicine - medical task and responsibility: "The biggest nutrition lies - what is the current evidence?" (Large group seminar)
- Block 6 - Prevention and Preventive Medicine - Medical Task and Responsibility: "Lifestyle Seminar" (small group seminar)

Postgraduate studies - Master of Public Health

- Advanced Module 6 Psychology and Health: "Nutritional Psychology" (lecture)

09/2020 – 05/2021

Collaboration with the University of Bern (Switzerland)

Faculty of Medicine, University Psychiatric Department (UPD), Old Age Psychiatry and Psychotherapy (Switzerland)

Analyses of the „Associations between body weight variation patterns, cognitive impairment and dopaminergic dysfunction in early Parkinson's disease" within the research project "Combining imaging and non-imaging biomarkers to predict the progression of cognitive decline in data-driven phenotypes of Parkinson's disease" (funded by Parkinson Switzerland) with Lora Minkova, PhD.

06/2019 – 05/2020

Maternity leave

A period of maternity leave to bring up my son until he was old enough to start Kindergarten, with marginal employment at the Department of Social and Preventive Medicine, Centre for Public Health, Medical University of Vienna

2020 – CURRENT – Bad Gleichenberg, Austria

Head Lecturer

FH Joanneum, University of Applied Sciences

Lecture "Public Health Nutrition" in the Master's Course Applied Nutrition Medicine (Postgraduate)

06/2018 – 05/2021 – Vienna, Austria

Assistant Professor (tenure-track, part-time)

Department of Social & Preventive Medicine, Center for Public Health, Medical University of Vienna

Three-year tenure track ending with the title *Associate Professor*.

Projects

- Associations between body weight variation patterns, cognitive impairment and dopaminergic dysfunction in early Parkinson's disease
- Promotion of healthy drinking behaviour through innovative peer education in the school setting
- Effect of healthy hydration on hydration, sugar consumption and cognitive performance in white-collar workers
- Influence of the teachers' qualification on nutritional knowledge in school children

Teaching responsibilities

Undergraduate studies, Medicine degree programme

- Block 13 - Nutrition and Digestion: "Nutrition Practical Course" (seminar with practical course)
- Block 6 - Prevention and preventive medicine - medical task and responsibility: "The biggest nutrition lies - what is the current evidence?" (Large group seminar)
- Block 6 - Prevention and Preventive Medicine - Medical Task and Responsibility: "Lifestyle Seminar" (small group seminar)

Postgraduate studies - Master of Public Health

- Advanced Module 6 Psychology and Health: "Nutritional Psychology" (lecture)

04/2016 – 05/2018 – Vienna, Austria

Research Associate (part-time)

Department of Social & Preventive Medicine, Center for Public Health, Medical University of Vienna

Projects

- Secondary analyses of the LOAD study "The Link between Obesity And Vitamin D in bariatric patients with omega-loop gastric bypass surgery"
- Sugar-sweetened beverages and weight gain in children and adults (Systematic Review) with the European Association of the Study of Obesity (EASO)
- Changes of dietary patterns in a web-based weight-reduction programme
- Digital photography to assess food intake in the clinical setting

Teaching responsibilities

Undergraduate studies, Medicine degree programme

- Block 13 - Nutrition and Digestion: "Nutrition Practical Course" (seminar with practical course)
- Block 22/23 - Public Health: "Target group-oriented care" (small group seminar)
- Block 22/23 - Public Health: "Functionality in daily life" (small group seminar)
- Block 6 - Prevention and Preventive Medicine - Medical Task and Responsibility: "Lifestyle Seminar" (small group seminar)

Postgraduate studies - Master of Public Health

- Advanced Module 6 Psychology and Health: "Nutritional Psychology" (lecture)

04/2016 – 05/2020 – Salzburg, Austria

Research Assistant (part-time)

Special Institute for Preventive Cardiology And Nutrition (SIPCAN save your life)

Projects

- Gradual reduction of free sugars in beverages on sale by implementing the beverage checklist
- Impact of school-based nutrition education programs
- Risk screening and primary prevention in Austrian companies – health checks

03/2013 – 02/2016 – Vienna, Austria

Research Assistant and PhD candidate (full-time)

Dep. of Internal Medicine III, Division of Endocrinology & Metabolism, Medical University of Vienna

Projects

- LOAD study "The Link between Obesity And Vitamin D in bariatric patients with omega-loop gastric bypass surgery" (Phase IV; NCT02092376; PhD Project)
- Development of best practice model of medical and nutritional care after bariatric surgery
- New risk markers for obesity & diabetes (Biobank)

Teaching responsibilities

Undergraduate studies, Medicine degree programme

- Block 13 - Nutrition and Digestion: "Nutrition Practical Course" (seminar with practical course)

10/2009 – 02/2013 – Vienna, Austria

Research Assistant (marginally employed)

Dep. of Internal Medicine III, Division of Endocrinology & Metabolism, Medical University of Vienna

Project

- Diabetes risk assessment and prevention in migrants
- nutritionDay: annual initiative for health care institutions to monitor, benchmark and improve the nutritional situation

12/2011 – 05/2013 – Vienna, Austria

Student Assistant and MSc candidate

Division of Cardiac, Thoracic, Vascular Anaesthesia & Intensive Care, Medical University of Vienna

Project

- Parenteral thiamine supplementation before cardiac surgery (Phase IV; NCT01524315; Master thesis project)

Vienna, Austria

Research Assistant and Internship

Competence Centre for Nutrition & Prevention, Austrian Agency for Health and Food Safety (AGES)

Project

- "Healthy eating from the start!" - a health promotion programme for pregnant and breastfeeding women and children up to 10 years of age (Partner: Federal Ministry of Health and Women's Affairs and the Austrian Social Insurance)

2007 – 2009

Internships

- Department of Internal Medicine III, Division of Endocrinology & Metabolism, Medical University of Vienna
- „nutritionDay“-project, Austrian Society for Clinical Nutrition (AKE), Vienna
- Nursing home "Haus der Barmherzigkeit", Vienna
- State hospital, Schaerding

EDUCATION AND TRAINING

03/2013 – 10/2016 – Vienna, Austria

Doctorate Studies (PhD programme)

Medical University of Vienna

Supervisor: Bernhard Ludvik

Institution: Department of Internal Medicine III, Division of Endocrinology & Metabolism, Medical University of Vienna

Graduated with distinction.

Field(s) of study

- Endocrinology and Metabolism

PhD | The Link between Obesity And Vitamin D in bariatric patients with omega-loop gastric bypass surgery

2012 - CURRENT

Training at the Medical University of Vienna

- 2020-2021 "schrittweise"-Curriculum for young female scientists
- 08/2020 First steps with Webex (Distant Learning)
- 07/2020 Overview of Distant Learning Tools at MedUni Vienna (Distant Learning)
- 04-05/2019 Testing medical competence with multiple-choice questions
- 04/2019 How do I test which competences of students?
- 04/2019 Evaluation of teaching
- 10/2017 Professionally supervise diploma theses at MedUni Vienna
- 05/2017 Presenting successfully
- 05/2017 Using the nQuery software for case number planning in clinical studies
- 10/2016 First aid refresher course
- 05-07/2016 Next Generation - blended learning scenarios in teaching
- 01/2016 Good Clinical Practice
- 11/2015 Writing and submitting scientific publications step by step
- 03/2015 Studies according to the Medicines Act - legal requirements and practical implementation
- 01/2015 Developing skills in communicating with superiors
- 10/2012 Basic workshop: Scientific studies - well planned from the beginning
- 06/2012 Publication workshop: Strategy and procedure in the preparation of scientific publications
- 05/2012 Biometry I: Description and visualisation of medical data

2015 - 2020

Training: European Association for the Study of Obesity (EASO)

- 30/06-17/07/2020 EASO Advocacy Online Workshop Series
- 26-29/06/2016 EASO Train the Trainer Summer School, Divonne Les Bains, France
- 24-26/06/2015 Young Investigators United (YIU) Summer School: Obesity – A Multi-Systemic Disease, Lisbon, Portugal

2014

Other Training

- 24-25/10/2014 Motivational Interviewing at the 15th Austrian Obesity Association conference, Vienna
- 24-18/08/2014 Handling missing outcome data in clinical trials at the Conference of the International Society for Clinical Biostatistics, Vienna

10/2010 - 03/2013 - Vienna, Austria

Studies in Nutritional Sciences (Master of Science)

University of Vienna

Supervisor: Karin Schindler

Institution: Department of Internal Medicine III, Division of Endocrinology & Metabolism, and Division of Cardiac, Thoracic, Vascular Anaesthesia and Intensive Care, Medical University of Vienna

Graduated with distinction.

Field(s) of study

◦ Molecular Nutrition

MSc | Preoperative parenteral thiamine supplementation in patients undergoing elective cardiac surgery

10/2006 - 09/2010 - Vienna, Austria

Studies in Nutritional Sciences (Bachelor of Science)

University of Vienna

Supervisor: Dieter Genser

BSc | The role of nutrition and obesity in gastro-esophageal diseases.

09/2005 - 06/2006 - London, United Kingdom

Stay abroad (Au-pair)

In London with English conversation courses at the Lambeth college

09/2001 - 07/2005 - Grieskirchen , Austria

General Gymnasium (High school)

09/1996 - 07/2001 - Taufkirchen/Pram , Austria

Secondary School

09/1991 - 07/1996 - Sigharting , Austria

Elementary School

LANGUAGE SKILLS

MOTHER TONGUE(S): German

OTHER LANGUAGE(S):

English

| | | | | |
|------------------------|----------------------|--------------------------------|---------------------------------|----------------------|
| Listening C2 | Reading C2 | Spoken production C2 | Spoken interaction C2 | Writing C2 |
|------------------------|----------------------|--------------------------------|---------------------------------|----------------------|

Spanish

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|------------------------|----------------------|--------------------------------|---------------------------------|----------------------|
| Listening A1 | Reading A1 | Spoken production A1 | Spoken interaction A1 | Writing A1 |
|------------------------|----------------------|--------------------------------|---------------------------------|----------------------|

DIGITAL SKILLS

Microsoft Office / SPSS SOFTWARE / GraphPad Prism (basic knowledge) / SigmaPlot Graphing software / Power and sample size calculations: PASS and nQuery / Reference Management tools (EndNote, Zotero, Mendeley) / Adobe Photoshop, Adobe Lightroom, Adobe Illustrator / Nut.s / Video Conferencing Softwares / BIA / Anthropometry

NETWORKS AND MEMBERSHIPS

2017 - CURRENT

Austrian Obesity Association (ÖAG)

Vienna

- Board Member
- Member of the Conference Organising Committee for the Austrian Obesity Association 2018

2015 - CURRENT

European Association for the Study of Obesity (EASO)

London

- Member of the Healthy Hydration Working Group

2015 - CURRENT

Austrian Nutritionist Association (VEÖ)

- Member of the Working group "member services"
- From 2011 until 2013 Head of the Working group "member services"

2010 - 2012

Austrian Society for Clinical Nutrition (AKE)

Vienna

- Volunteer

PROFESSIONAL MEMBERSHIP

● **European Association for the Study of Obesity (EASO)**

● **Austrian Obesity Association (ÖAG)**

● **Austrian Nutritionist Association (VEÖ)**

● **Austrian Association for Clinical Nutrition (AKE)**

DRIVING LICENCE

● **Driving Licence: AM**

● **Driving Licence: A1**

● **Driving Licence: B**

PROJECTS

2020 - 2021

● **Associations between body weight variation patterns, cognitive impairment and dopaminergic dysfunction in early Parkinson's disease**

Within the research project "Combining imaging and non-imaging biomarkers to predict the progression of cognitive decline in data-driven phenotypes of Parkinson's disease"

2019 - 2021

● **Promotion of healthy drinking behaviour through innovative peer education in the school setting**

2018 - 2019

● **Effect of healthy hydration on hydration, sugar consumption and cognitive performance in white-collar workers**

2017 - 2018

● **Influence of the teachers' qualification on nutritional knowledge in school children**

2016 - 2017

● **Sugar-sweetened beverages and weight gain in children and adults**

Systematic Review with the European Association of the Study of Obesity (EASO)

2013 - 2019

● **Gradual reduction of free sugars in beverages on sale by implementing the beverage checklist**

With SIPCAN

2014 - 2019

● **Impact of school-based nutrition education programs**

With SIPCAN

2013 - 2019

● **Risk screening and primary prevention in Austrian companies - health checks**

With SIPCAN

2016 - 2016

● **Changes of dietary patterns in a web-based weight-reduction programme**

2013 - 2016

● **LOAD study "The Link between Obesity And Vitamin D in bariatric patients with omega-loop gastric bypass surgery"**

Phase IV; NCT02092376; PhD Project

2011 - 2016

● **Development of best practice model of medical and nutritional care after bariatric surgery**

Cohort study at the obesity out-patient clinic

2011 - 2016

● **New risk markers for obesity & diabetes**

Biobank

2012 - 2013

● **Digital photography to assess food intake in clinical setting**

2011 - 2013

- **Diabetes risk assessment and prevention in migrants**
2009 - 2009
- **nutritionDay: annual initiative for health care institutions to monitor, benchmark and improve the nutritional situation**
2011 - 2013
- **Parenteral thiamine supplementation before cardiac surgery**
Phase IV; NCT01524315; Master thesis project
2010 - 2010
- **"Healthy eating from the start!" - a health promotion programme for pregnant and breastfeeding women and children up to 10 years of age**
At the AGES

HONOURS AND AWARDS

- **2017**
Abstract Award – Austrian Diabetes Association (ÖDG)
Within the Conference of the Austrian Diabetes Association (ÖDG) 2017 in Salzburg (accepted by Eva Winzer)
- **2017**
Promotional Award – Austrian Association for Clinical Nutrition (AKE)
At the 2017 conference for the submission: LOAD - The Link between Obesity and Vitamin D in bariatric patients with omega-loop gastric bypass surgery: a randomized controlled, double-blinded clinical supplementation trial.
- **2016**
Travel grant for the European Obesity Summit – Austrian Obesity Association (ÖAG)
European Obesity Summit in Gothenburg, Sweden
- **2015**
New Investigator Grant – European Association for the Study of Obesity (EASO)
Responsibility: to monitor ongoing research in the fields of fluid intake, hydration, and obesity
- **2015**
Abstract Award
At the 2015 Nutrition Congress in Bregenz (accepted by Susanne Dirisamer)
- **Performance Scholarships** – University of Vienna
2010, 2012, 2013

PUBLICATIONS

- **Impact of a nutrition education programme on free sugar intake & nutrition-related knowledge in fifth-grade schoolchildren.**
2021 <https://doi.org/10.1093/eurpub/ckaa219>
Winzer E, **Wakolbinger M⁺**, Schätzer M, Blagusz K, Rieder A, Lechleitner M, Hoppichler F. Eur J Public Health. 2021 Feb 1;31(1):136-142.
- **Course of depressive symptomatology and its association with serum uric acid in one-anastomosis gastric bypass patients.**
2020 <https://doi.org/10.1038/s41598-020-75407-9>
Winzer E, Ludvik B, Grabovac I, Kruschitz R, Schindler K, Prager G, Klammer C, Hoppichler F, Marculescu R, **Wakolbinger M.** Sci Rep. 2020 Oct 27;10(1):18405.
- **Effect of one-anastomosis gastric bypass on cardiovascular risk factors in patients with vitamin D deficiency and morbid obesity: secondary analysis.**
2020 <https://doi.org/10.1016/j.numecd.2020.08.011>
Kruschitz R, **Wakolbinger M⁺**, Schindler K, Prager G, Hoppichler F, Marculescu R, Ludvik B. Nutr Metab Cardiovasc Dis. 2020 Nov 27;30(12):2379-2388.
- **Relationship between nutrition knowledge, education and other determinants of food intake and lifestyle habits among adolescents from urban and rural secondary schools in Tyrol, Western Austria.**
2020 <https://doi.org/10.1017/S1368980020000488>
Egg S, **Wakolbinger M⁺**, Reisser A, Schätzer M, Wild B, Rust P. Public Health Nutrition. Public Health Nutr. 2020 Dec;23(17):3136-3147.
- **Differences in Serum Magnesium Levels in Diabetic and Non-Diabetic Patients Following One-Anastomosis Gastric Bypass.**
2019 <https://doi.org/10.3390/nu11091984>
Winzer E, Grabovac I, Ludvik B, Kruschitz R, Schindler K, Prager G, Klammer C, Smith L, Hoppichler F, Marculescu R, **Wakolbinger M.** Nutrients. 2019 Aug 22;11(9):1984.
- **Changes in bone mineral density following weight loss induced by one-anastomosis gastric bypass in patients with vitamin D supplementation.**
2018 <https://doi.org/10.1007/s11695-018-3353-2>
Luger M, Kruschitz R, Winzer E, Schindler K, Grabovac I, Kainberger F, Krebs M, Hoppichler F, Langer F, Prager G, Marculescu R, Ludvik B. Obes Surg. 2018 Nov;28(11):3454-3465.
- **Using digital photography in a clinical setting: A valid, accurate and applicable method to assess food intake.**
2018 <https://doi.org/10.1038/s41430-018-0126-x>
Winzer E, **Luger M⁺**, Schindler K. Eur J Clin Nutr. 2018 Jun;72(6):879-887.
- **Gradual reduction of free sugars in beverages on sale by implementing the beverage checklist as a public health strategy.**
2018 <https://doi.org/10.1093/eurpub/cky039>
Luger M, Winzer E⁺, Schätzer M, Dämon S, Moser N, Blagusz K, Rittmannsberger B, Schätzer J, Lechleitner M, Rieder A, Hoppichler F. Eur J Public Health. 2018 Oct 1;28(5):961-967.
- **Sugar-sweetened beverages and weight gain in children and adults: a systematic review from 2013–2015 and a comparison with previous studies.**
2017 <https://doi.org/10.1159/000484566>
Luger M⁺, Lafontan M, Bes-Rastrollo M, Winzer E, Yumuk V, Farpour-Lambert N. Obes Facts. 2017;10(6):674-693.

● **Long-Term Weight-Loss Maintenance by a Meal Replacement Based Weight Management Program in Primary Care.**

2017 <https://doi.org/10.1159/000454836>

Kruschitz R, Wallner-Liebmann SJ, Lothaller H, **Luger M**, Ludvik B. *Obes Facts*. 2017;10(2):76-84.

● **Vitamin D3 LOADING is superior to conventional supplementation after weight loss surgery in vitamin D-deficient morbidly obese patients: a double-blind randomized placebo-controlled trial.**

2017 <https://doi.org/10.1007/s11695-016-2437-0>

Luger M, Kruschitz R, Kienbacher C, Traussnigg S, Langer F, Prager G, Schindler K, Kallay E, Hoppichler F, Trauner M, Krebs M, Marculescu R, Ludvik B. *Obes Surg*. 2017 May;27(5):1196-1207.

● **Prevalence of liver fibrosis and its association with non-invasive fibrosis and metabolic markers in morbidly obese patients with vitamin D deficiency.**

2016 <https://doi.org/10.1007/s11695-016-2123-2>

Luger M, Kruschitz R, Kienbacher C, Traussnigg S, Langer F, Schindler K, Würger T, Wrba F, Trauner M, Prager G, Ludvik B. *Obes Surg*. 2016 Oct;26(10):2425-32.

● **The Effect of Roux-en-Y vs. Omega-Loop Gastric Bypass on Liver, Metabolic Parameters, and Weight Loss.**

2016 <https://doi.org/10.1007/s11695-016-2083-6>

Kruschitz R*, **Luger M***, Kienbacher C, Trauner M, Klammer C, Schindler K, Langer F, Prager G, Krebs M, Ludvik B. *Obes Surg*. 2016 Sep;26(9):2204-2212.

● **Changes of dietary patterns during participation in a web-based weight-reduction programme.**

2016 <https://doi.org/10.1017/S1368980015002852>

Luger E, Aspalter R, **Luger M**, Longin R, Rieder A, Dorner TE. *Public Health Nutr*. 2016 May;19(7):1211-21.

● **Worksite prevalence of (un)diagnosed cardiovascular risk factors from a health-check-program in an Austrian company.**

2015 <https://doi.org/10.1097/JOM.0000000000000568>

Luger M*, Luger E*, Höfler J, Dämon S, Angelmaier L, Maschke K, Rittmannsberger B, Sakho C, Pfeiffenberger A, Schätzer M, Schmidjell W, Lechleitner M, Hoppichler F. *J Occup Environ Med*. 2015 Dec;57(12):1353-9.

● **The link between obesity and vitamin D in bariatric patients with omega-loop gastric bypass surgery - a vitamin D supplementation trial to compare the efficacy of postoperative cholecalciferol loading (LOAD): study protocol for a randomized controlled trial.**

2015 <https://doi.org/10.1186/s13063-015-0877-9>

Luger M, Kruschitz R, Marculescu R, Haslacher H, Hoppichler F, Kallay E, Kienbacher C, Klammer C, Kral M, Langer F, Luger E, Prager G, Trauner M, Traussnigg S, Würger T, Schindler K, Ludvik B. *Trials*. 2015 Aug 5;16:328.

● **Influence of intravenous thiamine supplementation on blood lactate concentration prior to cardiac surgery: A double-blinded, randomised controlled pilot study.**

2015 <https://doi.org/10.1097/EJA.0000000000000205>

Luger M, Hiesmayr M, Köppel P, Sima B, Ranz I, Weiss C, König J, Luger E, Kruschitz R, Ludvik B, Schindler K. *Eur J Anaesthesiol*. 2015 Aug;32(8):543-8.

● **Effects of omega-loop gastric bypass on vitamin D and bone metabolism in morbidly obese bariatric patients.**

2015 <https://doi.org/10.1007/s11695-014-1492-7>

Luger M*, Kruschitz R*, Langer F, Prager G, Walker M, Marculescu R, Hoppichler F, Schindler K, Ludvik B. *Obes Surg*. 2015 Jun;25(6):1056-62.

● **Evaluation of a meal replacement-based weight management program in primary care settings according to the actual European Clinical Practice Guidelines for the Management of Obesity in Adults.**

2014 <https://doi.org/10.1007/s00508-014-0585-6>

Kruschitz R, Wallner-Liebmann SJ, Lothaller H, **Luger M**, Schindler K, Hoppichler F, Ludvik B. Wien Klin Wochenschr. 2014 Oct;126(19-20): 598-603.

● **Nutritional intervention and physical training in malnourished frail community-dwelling elderly persons carried out by trained lay "buddies": study protocol of a randomized controlled trial.**

2013 <https://doi.org/10.1186/1471-2458-13-1232>

Dorner TE, Lackinger C, Haider S, Luger E, Kapan A, **Luger M**, Schindler KE. BMC Public Health. 2013 Dec 27;13:1232.

● **Feasibility and efficacy of an isocaloric high-protein vs. standard diet on insulin requirement, body weight and metabolic parameters in patients with type 2 diabetes on insulin therapy.**

2013 <https://doi.org/10.1055/s-0033-1341472>

Luger M*, Holstein B*, Schindler K, Kruschitz R, Ludvik B. Exp Clin Endocrinol Diabetes. 2013 May;121(5):286-94.

OTHER PRINTED MATERIAL

● **Published Abstracts**

Full abstract publication list available upon request.

As of September 2021, I have published **23 abstracts at international congresses** and **61 at national conferences**.

2021

● **Book chapter: Adipositas und Diabetes mellitus**

Rieder A, Wakolbinger M, Kautzky-Willer A. Adipositas und Diabetes mellitus. In: Egger M, Razum O and Rieder A. Public Health Kompakt. Berlin, Boston: De Gruyter, 2021. <https://doi.org/10.1515/9783110673708>

● **Articles (in German)**

- Bhardwaj J, Schätzer M, König J, **Wakolbinger M**, Hoppichler F. Angebote zur Adipositas therapie in Österreich. Ernährung aktuell 2020
- Bhardwaj J, Schätzer M, König J, **Wakolbinger M**, Hoppichler F. Adipositas therapie für Kinder und Jugendliche. Pädiatrische Praxis 2019
- Brix J, **Wakolbinger M**, Hoppichler F. Adipositas Gesellschaft und Gesellschaft für Adipositas und Metabolische Chirurgie: Highlights der ersten gemeinsamen Jahrestagung. Universum Innere Medizin UIM 09 I 2018.
- **Luger M**, Rittmannsberger B, Hoppichler F. Low-Carb versus Low-Fat versus mediterrane Ernährung. Diabetes Forum 03 | 2017.
- **Luger M** and Schätzer M. Wasser statt zuckergesüßten Softdrinks bei Kindern. Nutrition News 2015: 2.
- **Luger M** and Ludvik B. Ernährungsempfehlungen in nationalen und internationalen Guidelines. Diabetes Forum 2013: 5.
- **Luger M** and Schindler K. Ernährung des alten Menschen mit Diabetes – Alles anders? Diabetes Forum 2012: 4.

● **Press Articles (Public Relations)**

Full list available upon request.

As of September 2021, my name or my work was mentioned in **93 press articles**.

CONFERENCES AND SEMINARS

23/05/2018 – 26/05/2018 > – Vienna, Austria

25th European Congress on Obesity (ECO)

Invited talk: The importance of healthy hydration: how to set up and implement an intervention (Session: EASO COTF Teaching Course: Interventions in Childhood Obesity)

Chair: Oral Session - Nutritional aspects in childhood obesity

Chair: Teaching Session - Public health interventions: how to set them up and keep them going

Chaired Poster Session 3: Pathophysiological mechanisms

15/06/2018 > – Vienna, Austria

Jahrestagung des Berufsverbandes Österreichischer PsychologInnen (BÖP) - Fachtagung Lebensstil-Erkrankungen

Chair: Session - "Herz-Kreislauf-Erkrankungen"

20/04/2018 > – Vienna, Austria

4. Fachtag Ernährung

Invited talk: "Bariatrische Chirurgie"

05/10/2017 – 07/10/2017 > – Bratislava, Slovakia

Central European Congress on Obesity (CECON)

Invited talk: Setting up obesity school programs: Challenges & examples

29/09/2017 – 30/09/2017 > – Rotterdam, Netherlands

10th EFAD conference (European Federation of the Associations of Dietitians)

Invited talk: Importance of hydration for obesity prevention

17/05/2017 – 20/05/2017 > – Porto, Portugal

24th European Congress on Obesity (ECO)

Invited talk: What is the impact of hydration on weight loss/maintenance?

17/03/2017 > – Vienna, Austria

14. Wiener Diabetestag

Invited talk: "Ernährung bei Diabetes: Was sagen die Leitlinien"

21/10/2016 – 22/10/2016 > – Innsbruck, Austria

17. Jahrestagung der Österreichischen Adipositas Gesellschaft

Invited talk: Zusammenhang zwischen zuckerhaltigen Getränken und Körpergewicht bei Kindern und Erwachsenen

26/06/2016 – 29/06/2016 > – Divonne-Les-Bains, France

Train the Trainer Summer School of the European Association for the Study of Obesity (EASO)

Invited talk: What is a successful school intervention and how can they be set up.

Session 3: Understanding Policy

01/06/2016 – 04/06/2016 > – Gothenburg, Sweden

European Obesity Summit (EOS)

Invited talk: Beverage-induced caloric intake by SSBs leading to weight gain & obesity risks: a systematic review from 2013 – 2015

05/2014 > – Medical University of Vienna, Vienna, Austria

MedSuccess

Invited talk: "Mangel im Überfluss – eine Realität?"

11/2013 > – Vienna, Austria

● **European Association for the Study of Obesity (EASO)
Collaborating Centre for Obesity Management (COM) Summit
Meeting**

Invited talk: Pre- and postoperative Vitamin D Status in bariatric patients

ROLES IN SCIENTIFIC JOURNALS

● **27/08/2021 – CURRENT**

● **Review Editor**

Frontiers in Epidemiology

Editorial Board of Epidemiology of Chronic Diseases and Prevention

CURRENT

● **Reviewer**

- Translational Psychiatry
- Surgery for Obesity and Related Diseases
- Plos One
- Nutrition & Metabolism
- Clinical Endocrinology
- Geriatrics & Gerontology International
- Translational Behavioral Medicine
- BMJ Open
- International Journal of Environmental Research and Public Health
- Obesity Facts
- BMC Public Health
- BMC Surgery
- Therapeutics and Clinical Risk Management