

UNIT LIFESTYLE & PREVENTION

Leitung

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Arbeits- und Kompetenzbereich

Zum Kompetenzbereich der Unit Lifestyle & Prevention zählen alle Forschungsgebiete, die mit Lebensstil und/oder Prävention zu tun haben. Diese inkludieren wissenschaftliche Gebiete wie Gesundheitsförderungsforschung, Resilienzforschung, Versorgungsforschung oder Outcome Research. An wissenschaftlichen Methoden werden qualitative und quantitative Methoden verwendet, insbesondere Methoden der Epidemiologie mit den Schwerpunkten Sozialepidemiologie, Versorgungsepidemiologie und Registeranalysen. Es werden aber auch klinische Studien durchgeführt.

Lifestyle: Gesundheitsressourcen, Ernährung, Bewegung / Training / Fitness, Rauchen, Übergewicht und Adipositas, Drogenkonsum, Sexualverhalten, Freizeitpräferenzen und Gesundheit, kulturelle Zugehörigkeit und Gesundheit, persönliche Wert- und Normvorstellungen, geschlechtliche und sexuelle Vielfalt, Gesundheitskompetenz (Health literacy), Schlafverhalten, Stress, Salutogenese und Gesundheitsförderung, etc.

Prevention = Verhindern von Ereignissen, die ohne Gegensteuerung eintreten würden: Entstehung von Krankheiten, Progredienz von Krankheiten, Produktivitätsverlust (Krankenstände, disability pension, presenteeism), Inadäquate Inanspruchnahme des Versorgungssystems (Unter-, Über- und Fehlversorgung), Beeinträchtigungen der Lebensqualität, Funktionseinbußen, Verlust der Autonomie, Hospitalisierung, Institutionalisierung, Mortalität, etc.

Kompetenzgruppe Abteilung für Sozial- und Präventivmedizin

(in alphabetischen Reihenfolge)

Dr. Igor Grabovac (Assistenzarzt für Public Health)
Mag. Sandra Haider (Sport- und Ernährungswissenschaftlerin)
Eva Luger, MSc PhD (Ernährungswissenschaftlerin)
Maria Luger, MSc PhD (Ernährungswissenschaftlerin)

Kompetenzgruppe extern

(in alphabetischen Reihenfolge)

Dr. Helmut Brath (Wiener Gebietskrankenkasse; Gesundheitszentrum Wien-Süd)

Dr. Christian Lackinger (Sportunion Österreich)

Assoc.-Prof. Dr. Ellenor Mittendorfer-Rutz (Karolinska Institutet; MUW-Gastprofessorin)

Priv.-Doz. Dr. Karin E. Schindler (Bundesministerium für Gesundheit und Frauen)

PhD StudentInnen (laufend)

- Mag. Michaela Adamowitsch, MSc (Implementation Research in School Health Promotion in Austria)
- Mag. Dr. Carolin Sophie Berner (Workability in patients with seropositive rheumatoid arthritis)
- Dr. rer. nat. Alexander Eisenmann (Effects of an inpatient, secondary preventive pilot program ('Gesundheitsvorsorge aktiv') on physical activity, health behavior, pain perception and working ability in comparison to the standard inpatient cure therapy ("Kuraufenthalt") at contractual centers of the Pensionsversicherungsanstalt in patients with musculoskeletal disorders)
- Igor Grabovac, MD (Determinants and Promotion of Health in People Living with Human Immunodeficiency Virus in Austria)
- Mag. Sandra Haider (The effectiveness of exercise intervention on muscle strength, body composition, biochemical parameters and frailty status in frail, malnourished, community-dwelling subjects carried out by trained lay buddies)
- DI Christoph Janka (The Effects of Self- and Social-Competence on the Resilience and Wellbeing of Humans in Daily Life from a physical, mental and genetic Perspective)
- Radhika Seiler, MA, MSc (Predictors of HIV/STD awareness and prevention among youth in Austria)

PhD StudentInnen (abgeschlossen)

- Mag. Dr. Ali Kapan (The impacts of a lay led home-based program on various aspects of quality of life and functional status in frail community-dwelling older adults)
- Eva Luger, MSc PhD (Nutritional and frailty status in older persons participating in a home-based volunteer-administered preventive program)
- Dr.scient.med. Christian Siegel, BSc, MSc (Health Promotion by Ambient Assistive Technologies – How the Health of Elderly can be positively influenced by using Information and Communication Technology in Long Term Care)
- Dr.scient.med. Christina Cathérine Wieczorek (Implementation of health promotion in the hospital setting)
- Dr.scient.med. Mag. Sonja Rader (Effects on sustainability, drop out rate and improvement of self-efficacy using web based follow up intervention in obesity treatment for women)
- Dr.scient.med. Yvonne Schröder, BA, MSsPH (Can a Physical Activity Based Nutrition Label Format Influence Food Choice and/or Frequency, and Level of Physical Activity)

Projekte seit 2013

- Trainings- und Ernährungsintervention durch „Buddies“ bei älteren und hochbetagten Personen mit Malnutrition und Frailty im extramuralen Bereich
- Nachhaltigkeitskonferenz

- Chronische Schmerzen und ihre Entwicklung in Abhängigkeit von sozialem Umfeld, Gesundheitskompetenz und Behandlung der Patientinnen und Patienten sowie die daraus resultierenden Kosten
- Lipid Profile and Diabetes Risk of HIV Patients treated by ÖGNÄ-HIV-physicians: a descriptive cross-sectional study
- Use of Illegal Drugs, Fitness Supplements, and Health Literacy in People Living with HIV in Vienna
- Lebensqualität bei RheumapatientInnen
- Workability in patients with seropositive rheumatoid arthritis
- Physische Aktivität und Krankheitsaktivität bei Patienten mit rheumatoider Arthritis
- Externe Evaluierung des BGF-Projektes „BetriebsFitService“ der Sportunion Burgenland
- Evaluierungsstudie der Programme „Bewegung bis ins Alter- Bewegung zum Wohlfühlen“ und „BleibAKTIV. Bewegung zuhause“ des Österreichischen Roten Kreuzes
- Kooperationsvertrag mit SIPCAN - Special Institute for Preventive Cardiology And Nutrition

Internationale wissenschaftliche Kooperationen (Auswahl)

- Karolinska Institutet, Department of Clinical Neuroscience, Section of Insurance Medicine
- WHO, Regional Office Europe, Division of Health Systems and Public Health
- WHO, Regional Office Europe, Division of Noncommunicable Diseases and Life-course
- International Foundation of Integrated Care, Oxford
- Finnish Institute of Occupational Health, Helsinki
- Department of Community and Family Medicine, Duke Medical Center, Durham, USA
- NIVEL, The Netherlands Institute for Health Services Research, Utrecht
- Healthy Hydration Working Group der European Association for the Study of Obesity (EASO)
- European Association for the Study of Obesity (EASO)
- School of Public Health, School of Medicine, University of Zagreb, Croatia
- Croatian Institute for Public Health, Zagreb, Croatia
- International Gay, Lesbian, Bisexual, Transgender, Intersex and Queer Youth and Student Organization (IGLYO), Bruxelles, Belgium
- School of Medicine, University of Belgrade, Serbia
- Observatoire de SIDA et des Sexualités, University Saint-Louis, Bruxelles, Belgium
- Division of Endocrinology and Metabolism, Department of Medicine, Istanbul University

Publikationen seit 2013

Berner, C; Erlacher, L; Quittan, M; Fenzl, KH; Dorner, TE.

Workability and muscle strength in patients with seropositive rheumatoid arthritis: Survey study protocol. JMIR Res Protoc. 2017 Mar 2;6(3):e36.

Lackinger, C; Wilfinger, J; Mayerhofer, J; Strehn, A; Dick, D; Dorner, TE.

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Unified Algorithm for Safe Patient Transfers: An Ergonomic Solution.

Nursing Journal. Accepted 2017.

Siegel, C; Dorner, TE.

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Haider, S; Dorner, TE; Luger, E; Kapan, A; Titze, S; Lackinger, C; Schindler, KE.

Impact of a Home-Based Physical and Nutritional Intervention Program Conducted by Lay-Volunteers on Handgrip Strength in Prefrail and Frail Older Adults: A Randomized Control Trial.
PLoS One. 2017 Jan 13;12(1):e0169613.

Kruschitz R, Wallner-Liebmann S, Lothaller H, Luger M, Ludvik B.

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Obesity Facts: Accepted Nov 11, 2016

McKee M, Stuckler D, Zeegers Paget D, Dorner T.

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Eur J Public Health. 2016 Dec;26(6):897-898.

Kapan, A; Luger, E; Haider, S; Schindler, KE; Lackinger, C; Dorner, TE.

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Luger, M, Kruschitz, R, Kienbacher, C, Traussnigg, S, Langer, F, Schindler, K, Würger, T, Wrba, F, Trauner, M, Prager, G, and Ludvik, B.

Prevalence of liver fibrosis and its association with non-invasive fibrosis and metabolic markers in morbidly obese patients with vitamin D deficiency.
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Kruschitz, R, Luger, M, Kienbacher, C, Trauner, M, Klammer, C, Schindler, K, Langer, F, Prager, G, Krebs, M, and Ludvik, B.

The Effect of Roux-en-Y versus Omega-Loop Gastric Bypass on Liver, Metabolic Parameters and Weight Loss.
Obes Surg 2016 Sep;26(9):2204-12.

Haider, S; Luger, E; Kapan, A; Titze, S; Lackinger, C; Schindler, KE; Dorner, TE.

Associations between daily physical activity, handgrip strength, muscle mass, physical performance and quality of life in prefrail and frail community-dwelling older adults
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Coll Antropol. 2016;40(2):83-90.

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Impairment in the activities of daily living in older adults with and without osteoporosis, osteoarthritis and chronic back pain: a secondary analysis of population-based health survey data.

BMC Musculoskelet Disord. 2016 Mar 28;17(1):139.

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The struggle for inter-professional teamwork and collaboration in maternity care: Austrian health professionals' perspectives on the implementation of the Baby-Friendly Hospital Initiative.

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Schulte-Hermann, K; Schalk, H; Haider, B; Hutterer, J; Gmeinhardt, B; Pichler, KH; Brath, H; Dorner, TE.

Impaired lipid profile and insulin resistance in a cohort of Austrian HIV patients.

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BMC Fam Pract. 2015 Nov 16;16(1):168.

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Public Health Nutr. 2016 May;19(7):1211-21.

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Muckenhuber, J; Dorner, TE; Burkert, N; Großschädl, F; Freidl, W.

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Luger, M, Kruschitz, R, Langer, F, Prager, G, Walker, M, Marculescu, R, Hoppichler, F, Schindler, K, and Ludvik, B.

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Wieczorek, CC; Schmied, H; Dorner, TE; Dür, W.

The bumpy road to implementing the Baby-Friendly Hospital Initiative in Austria: A qualitative study.
Int Breastfeeding J. 2015 Jan 20;10(1):3.

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Hoffmann, K; Stein, KV; Dorner, TE.

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Muckenhuber, J; Burkert, N; Dorner, TE; Großschädl, F; Freidl, W.

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Hoffmann, K; Stein, KV; Maier, M; Rieder, A; Dorner, TE.

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