



Training Programme (essential elements)
Clinical Practical Year (CPY)
at Medical University of Vienna, Austria

CPY-Tertial C

Child and Adolescent Psychiatry and Psychotherapeutic Medicine

Valid from academic year 2020/21

Responsible for the content

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In collaboration with

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This training programme applies to the subject of "Child and Adolescent Psychiatry and Psychotherapeutic Medicine" within CPY tertial C "Electives". The training programmes for the elective subjects in CPY tertial C are each designed for a duration of 8 weeks. If the subject in CPY tertial C is being completed over a period of 16 weeks, the specified content shall be treated in greater depth.

3. Learning objectives (competences)

The following skills must be acquired or deepened in the subject of Child and Adolescent Psychiatry and Psychotherapeutic Medicine during the CPY.

3.1 Competences to be achieved (mandatory)

A) History taking

1. Clarifying the patient's expectations and requests for the consultation
2. Taking a systematic (targeted, hypothesis oriented) history (symptoms, current complaints, the patient's life situation, her/his understanding of the disease and concerns, social and cultural background and illness experience)
3. Noting and reacting to non-verbal cues
4. Family history
5. Lifestyle history
6. Identifying hazardous behaviour and dangerous lifestyles
7. Taking history from third parties
8. Taking paediatric/adolescent psychiatric history
9. Taking history in patients with special communication needs, e.g. language or speech problems
10. Taking psychoactive/potentially addictive substance history
11. Assessment of mood and mental status
12. History taking in emergency patients
13. Taking history in patients with child and adolescent psychiatric conditions (including psychosocial status)

B) Performance of examination techniques

14. Assessing and managing patients suspected of self-harm (excluding suicide)
15. Assessment of general condition (habitus and posture, symmetry and mobility of body) and nutritional state
16. Assessment of vital functions (body temperature, respiration, pulse rate, blood pressure, venous pressure)
17. Assessment of orientation in space and time
18. Assessment of body length, weight, BMI
19. Basic examination of emergency patients, patients with child and adolescent psychiatric conditions
20. Assessment of psychopathological status
21. Diagnosis of suicidal constrictions
22. Assessment of risk to self/others

C) Performance of routine skills and procedures

23. Venepuncture / drawing blood
24. Routine work in out/in-patient areas

D) Therapeutic measures

- 25. Checking drug therapy for drug interactions
- 26. Identification of drug side effects and their management
- 27. Managing psychiatric emergencies and crises
- 28. Indication for psychotherapy
- 29. Indication for psychopharmacotherapy
- 30. Creating an overall treatment plan

E) Communication with patient/team

- 31. Elaborating a clinical question and searching for its solution in the literature
- 32. Informing colleagues and other professionals on findings and checking understanding
- 33. Dealing with and behaving appropriately in the face of aggression
- 34. Working in a multidisciplinary team
- 35. Providing information to patients and relatives in an ethically correct and professional manner in compliance with legal requirements and ensuring that the patient has understood the information
- 36. Checking compliance
- 37. Telephoning patients and third parties in an ethically correct and professional manner (in accordance with legal requirements)
- 38. Giving main information elements necessary to get informed consent
- 39. Obtaining informed consent
- 40. Summarizing the main points of diagnoses, active problems and management plans of a patient
- 41. Discussing diagnoses/prognoses with patients
- 42. Identifying ethically problematic situations
- 43. Communicating and dealing professionally with children and adolescents and their relatives with and without mental disabilities

F) Documentation

- 44. Documentation in patient files
- 45. Retrieving patient-specific information from clinical data system
- 46. Writing letters for transfer or discharge of patient

4. Information on verification of performance, on-going assessments

4.1 The following aspects can be assessed in the Mini-CEX:

The following workplace-based assessments can be performed during the Child and Adolescent Psychiatry CPY tertial:

1. Taking a medical history
2. Assessment of psychopathological status
3. Examination of patients in accordance with the Hospitalisation Act
4. Neurological and somatic status
5. Case presentation during ward teaching round
6. Discussing Informed consent with patients and relatives regarding medication and obtaining consent for examinations and/or participation in research projects
7. Assessment of medication side effects
8. Effective communication with patient and relatives

This list can be expanded accordingly.

4.2 The following skills can be assessed in the DOPS

The following workplace-based assessments can be performed during the Paediatric and Adolescent Psychiatry CPY tertial:

1. Venepuncture / drawing blood
2. Resting ECG

This list can be expanded accordingly.

7. References

Lehrunterlagen:

Lehrbuch: Michael Kölch, Miriam Rassenhofer, Jörg M. Fegert (Herausgeber): Klinikmanual Kinder- und Jugendpsychiatrie und –psychotherapie. Verlag: Springer; Auflage: 3., 2020; 844 Seiten, ISBN-10: 3662584174; ISBN-13: 978-3662584170 (auch online über die E-books der UB der Med UniWien verfügbar).

<https://link-springer-com.ez.srv.meduniwien.ac.at/book/10.1007/978-3-662-58418-7>

Lehrbuchartikel: Andreas Karwautz: Kinder- und Jugendpsychiatrie. In: Klaus Paulitsch, Andreas Karwautz: Grundlagen der Psychiatrie. 2. Auflage, UTB Verlag 2019.

Pocket-Guide Neuro-/Psychopharmaka im Kindes- und Jugendalter. Von A bis Z. Manfred Gerlach, Andreas Warnke. Springer Verlag 2021. Pocket Guide Neuro-/Psychopharmaka im

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Nachschlagewerke:

Psychiatrie und Psychotherapie des Kindes- und Jugendalters: mit 143 Tabellen. Editors:

Jörg M. Fegert, Franz Resch, Michael Kaess, Manfred Döpfner, Kerstin Konrad, Tanja Legenbauer, Paul Plener. 3. Auflage, Springer 2024 (online als ebook der meduniwien) <https://link.springer-com.ez.srv.meduniwien.ac.at/book/10.1007/978-3-642-19846-5>

Kinder- und Jugendpsychiatrie. Helmut Remschmidt, Katja Becker (Herausgeber) 7. Auflage 2019. Thieme Verlag.

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Neuro-/Psychopharmaka im Kindes- und Jugendalter. Grundlagen und Therapie. Manfred Gerlach, Claudia Mehler-Wex, Susanne Walitza, Andreas Warnke, Christoph Wewetzer (Herausgeber): 3. Auflage, Springer Verlag 2016. <https://link.springer.com/book/10.1007/978-3-662-48624-5>. 4. Auflage 2023

Multiaxiales Klassifikationsschema für psychische Störungen des Kindes– und Jugendalters nach ICD–10: Mit einem synoptischen Vergleich von ICD–10 und DSM–V Gebundene Ausgabe – 21. August 2017 von Helmut Remschmidt (Herausgeber), Martin H. Schmidt (Herausgeber), Fritz Poustka (Herausgeber)