

Training Programme (essential elements) Clinical Practical Year (CPY) at Medical University of Vienna, Austria

CPY-Tertial C

Urology

Valid from academic year 2015/16

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This training programme applies to the subject of "Urology" within CPY tertial C "Electives". The training programmes for the elective subjects in CPY tertial C are each designed for a duration of 8 weeks. If the subject in CPY tertial C is being completed over a period of 16 weeks, the specified content shall be treated in greater depth.

3. Learning objectives (competences)

The following skills must be acquired or deepened in the subject of Urology during the CPY.

3.1 Competences to be achieved (mandatory)

- A) History taking
 - 1. Taking a targeted, hypothesis-directed history
 - 2. Identification of possible risk factors for surgery/anaesthetic
- B) Performance of examination techniques
 - 3. Assessment of skin and mucous membranes (signs of anemia, cyanosis, jaundice, edema, dehydration)
 - 4. Assessment of vital functions (body temperature, respiration, pulse rate, blood pressure, venous pressure)
 - 5. Symptom-oriented examination and the ordering of further diagnostics in the case of an acute patient
 - 6. Inspection of abdomen including eliciting abdominal tenderness, rebound tenderness and guarding
 - 7. Rectal examination in male
 - 8. Inspection and palpation of penis and scrotum (testes, epididymis, spermatic cord) including transillumination of scrotum
 - 9. Inspection and palpation of female external genitalia (vulva, perineum)
 - 10. Assessment and discussion of radiological findings in a clinical context
 - 11. Assessment of perioperative fluid balance and loss of electrolytes
 - 12. Evaluation of the perioperative nutrition situation and gastrointestinal function
 - 13. Attaching a pulse oximeter and interpreting the results
 - 14. Identifying superficial wound healing problems
 - 15. Identifying deep wound healing problems
 - 16. Identification of post-operative bleeding/complications
 - 17. Participation in the diagnosis of suspected deep vein thrombosis/pulmonary embolism
- C) Performance of routine skills and procedures
 - 18. Intravenous injection
 - 19. Urinary catheterization
 - 20. Handling a central venous catheter
 - 21. Pre-operative preparation of operative field for minor surgery, asepsis and antisepsis
 - 22. Patient instruction for mid-stream urine sample collection
 - 23. Performing and reading of urine stick test
 - 24. Taking an electrocardiogram at rest
 - 25. Using appropriate hand hygiene at the workplace
 - 26. Wound cleaning

- 27. Removal of wound sutures
- 28. Application of a bandage
- 29. Application of local (infiltration) anaesthesia/Oberst conduction anaesthesia
- 30. Correct removal of drains
- 31. Correct removal of a central venous catheter
- 32. Correct performance of perioperative thrombosis prophylaxis
- 33. Positioning a permanent peripheral venous cannula
- 34. Performing a sterile dressing change and wound cleaning
- 35. Positioning a urinary catheter
- 36. Positioning a gastric tube
- D) Therapeutic measures
 - 37. Caring for a wound in an out-patient setting or in the operating room
 - 38. Performance of measures for secondary wound healing (e.g. VAC system)
 - 39. Treatment of superficial wound healing problems
 - 40. Treatment of deep wound healing problems
 - 41. Treatment of post-operative bleeding
 - 42. Participation in the treatment of suspected deep vein thrombosis/pulmonary embolism
 - 43. Prescribing measures in treatment of pain, palliative and end-of-life care
 - 44. Suture or clips after an operation
- E) Communication with patient/team
 - 45. Communicating with severely ill patients
 - 46. Elaborating a clinical question and searching for its solution in the literature
 - 47. Notification of examination using instruments or of a specialist consultation with detailed explanation
 - 48. Giving information to a patient regarding a planned surgical procedure/endoscopy/intervention or for an anaesthetic procedure and obtaining consent
 - 49. Summarizing the main points of diagnoses, active problems and management plans of a patient
 - 50. Clarifying with nursing staff monitoring measures and calling criteria concerning patients
- F) Documentation
 - 51. Recording findings in patient file
 - 52. Filling in prescription forms
 - 53. Writing a detailed referral for an examination (using instruments) (e.g. CT)
 - 54. Writing a discharge letter
 - 55. Writing a daily report of distinct medical parameters on the present status and progress of a patient
 - 56. Filling in a death certificate and/or requesting a post-mortem (simulated situation)

- 57. Diagnostic coding
- 58. Requesting information in hospital information system

3.2 Optional competences

In addition to the competences that are mandatory to achieve, further competences from relevant surgical disciplines, anaesthesia and intensive care (see individual training plan) may also be acquired.

4. Information on verification of performance, on-going assessments

4.1 The following aspects can be assessed in the Mini-CEX:

- 1. Taking a medical history and clinical examination on out-patient admission for an operation
- 2. Symptom-oriented examination and the ordering of further diagnostics in the case of an acute patient
- 3. Giving information to a patient regarding a planned surgical procedure/endoscopy/ intervention or for an anaesthetic procedure and obtaining consent
- 4. Case presentation during ward teaching rounds (information on active status)
- 5. Identification of possible risk factors for surgery/anaesthetic and appropriate clarification
- 6. Assessment of perioperative fluid balance and loss of electrolytes and prescription of appropriate replacement
- 7. Evaluation of the perioperative nutrition situation and gastrointestinal function
- 8. Performance of perioperative patient safety measures (checklist, sign-in/timeout/sign-out)

This list can be expanded accordingly.

4.2. The following skills can be assessed in the DOPS

- 1. Removing sutures and clips
- 2. Removing drains
- 3. Performing a suture
- 4. Preparation of a bodily region for operation (washing and covering)
- 5. Surgical hand disinfection
- 6. Handling a central venous catheter
- 7. Removing a central venous catheter
- 8. Positioning a urinary catheter
- 9. Positioning a gastric tube

This list can be expanded accordingly.