Learning objectives – mandatory

The fulfilled and assessed learning objectives must be marked by the student with an x.

The assessment can be performed by the mentor in three ways: direct observation of the student during performance of a clinical activity (see page ii), CPY task (see page P4-P6), Mini-CEX/DOPS (see page v-vi). At the end of completion of the CPY tertial in the respective department, fulfilment of the learning objectives must be signed off by the mentor.

Competence		Objectives completed	
Taking a medical history			
1.	Taking an internal medicine history	0	
2.	Taking a systematic rheumatology history	\bigcirc	
3.	Taking occupational and workplace history	\bigcirc	
Perform	nance of examination techniques		
4.	Assessment of vital functions (body temperature, respiration, pulse rate, blood pressure, venous pressure)	0	
5.	Recording of: height, weight, body mass index [BMI], skull circumference, waist and hip circumference	0	
6.	Percussion and auscultation of heart and lungs	\bigcirc	
7.	Examination of the abdomen (palpation, percussion, auscultation)	\bigcirc	
8.	Eliciting renal tenderness	\bigcirc	
9.	Examining the joints and axial skeleton	0	
10.	Examination of spine, spine mobility and paravertrebral muscles standing and supine (kyphosis, scoliosis, lateral tilt, Schober procedure, position-dependent pain)	\bigcirc	
11.	Palpation, percussion and axial compression of spine for tenderness and pain	\bigcirc	
12.	Examination of sacroiliac joint and pelvis including muscles (mobility, pain, atrophies)	\bigcirc	
13.	Assessing shape, function, mobility and tenderness of upper extremities (elbow, wrist, finger joints and relevant structures and muscles)	\bigcirc	
14.	Assessing shape, mobility, stability and tenderness of lower extremities and relevant structures and muscles (ankle and knee, meniscus, position of patella, patella function and relief)	0	
15.	Assessing axes of legs on standing (genu valgum, genu varum)	\bigcirc	
16.	Assessing feet on standing (pes planus, pes valgus)	\bigcirc	
17.	Examination of lymph node areas	\bigcirc	
18.	Description of nails, skin and visible mucous membranes	0	
19.	Peripheral pulse status	\bigcirc	
20.	Recording scores for rheumatological conditions	\bigcirc	
21.	Scores for rheumatoid arthritis (CDAI, DAS28)	\bigcirc	
22.	Scores for collagenoses (SLEDAI, ECLAM, SIS)	0	

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Competence		Objectives completed
23.	Scores for vasculitis (BVAS)	0
Perform	nance of routine skills	
24.	Using appropriate hand hygiene at the workplace	0
25.	Drawing blood from veins	0
26.	Subcutaneous and intramuscular injections	0
27.	Preparation of an infusion	0
28.	Peripheral intravenous cannulation	0
29.	Performing and reading of urine stick test	0
30.	Taking an electrocardiogram at rest	0
Therap	eutic measures	
31.	Creating a specific therapy plan for a rheumatology patient based on knowledge of the areas of application and mechanisms of action of modern rheumatology therapy (immuno-modulation with synthetic and biological therapies (disease modifying antirheumatic drugs, DMARDs))	0
32.	Creating a therapy plan for drug-based pain therapy	0
33.	Application of rheumatology guidelines; searching sources and application of internal, national and international protocols and guidelines in the area of rheumatology	0
34.	Anticipation and identification of side effects and interactions of rheumatology therapy strategies and their prevention and management	0
Commu	inication with patient/team	
35.	Communicating in a multi-disciplinary team in relation to the diagnosis and treatment of rheumatological diseases (e.g. diagnosis of joint pain/swelling, fever of unknown origin, multidisciplinary preparation of treatment concepts for systemic conditions)	0
36.	Giving main information elements necessary to get informed consent for diagnostic interventions	0
Docum	entation	
37.	Writing letters for transfer or discharge of rheumatology/internal medicine patients	0
38.	Specific documentation in patient files	0
39.	Retrieving patient-specific information from clinical data system	0
40.	Identification and reporting of notifiable diseases	0
Verifie	d by mentor	

Learning objectives – optional

In addition to the competences that are mandatory to achieve, optional competences from the training progammes may also be acquired.

Competence as per training programme Objectives completed O

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