Recommended thesis outline:

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Declaration (numerated as ii) regarding where the work was done (Institutes, laboratories) and what part of the work was carried out by people other than the student (contributions of collaborators, technicians, and supervisors).

Table of contents (iii and onwards), with no more than three numerated layers (i.e. 1.1.1 followed by 1.1.2, etc. Avoid 1.2.3.4 and instead consider italicizing further subtitles).

A prologue (2.1) should help the reader link the Introduction to the student's first paper, and additionally underline the student's specific contributions to the inserted published work. Similarly, the interludes (2.1.1 etc) should assist the student to link any subsequent papers to the previous ones, making for better reading but also reaffirming student contribution to the chronicled work.

TABLE OF CONTENTS

Declaration	ii
Table of contents	iii
List of figures	.x
List of tables	xviii
Abstract	xix
Publications arising from this thesis	xxiii
Abbreviations	
Acknowledgments	xxvii

CHAPTER ONE: INTRODUCTION

CHAPTER TWO: RESULTS

2.1 Prologue	.31
2.1.1 PDF of first paper	
2.2. Interlude	
2.2.1 PDF of potential second paper	42-50
2.3 Interlude	51
2.3.1 PDF of potential third paper	52-60

CHAPTER THREE: DISCUSSION

- 3.1 General discussion......60-79
- 3.9 Conclusion & future prospects80

CHAPTER FOUR: MATERIALS & METHODS

REFERENCES......101 and onwards According to EMBO J

APPENDIX

CV

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